

San Benedetto del Tronto

**28 - 29**

**Ottobre 2016**

Aula Magna - Ospedale  
Madonna del Soccorso

## LE NUOVE FRONTIERE DELL'ICTUS

DALLA TROMBOLISI SISTEMICA  
ALLA TERAPIA  
INTERVENTISTICA  
LOCALE E LA  
TELEMEDICINA



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San Benedetto del Tronto - Direttore: Dr. M. Ragno



SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Azienda Ospedaliero - Universitaria di Ferrara

**Efficacia e sicurezza dei  
NAO nella prevenzione  
dell'ictus in pazienti con  
FANV: dai trials alla real  
life**

**Cristiano Azzini**  
**Stroke Unit-U.O. Neurologia**  
**Azienda Ospedaliera-Universitaria**  
**di Ferrara**

# Piano della presentazione

1. Dimensione e rilevanza del problema:  
lo stroke cardioembolico da FA
2. La farmacoprofilassi: NOAC vs VKA
3. La farmacoprofilassi secondaria: NOAC vs VKA
4. Il problema dello stroke embolico criptogenetico
5. Problemi pratici nell'uso dei NAO

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# Diagnosi eziopatogenetica clinico-strumentale dell'ictus ischemico: Classificazione TOAST

## Classificazione su base fisiopatologica dei sottotipi dell'ictus ischemico

(criteri del TOAST, 1993)

Aterosclerosi dei vasi di grosso calibro

Cardioembolia (possibile/probabile)

Occlusione dei piccoli vasi

Ictus da cause diverse

Ictus da cause non determinate

- a. identificazione di due o più cause
- b. valutazione negativa
- c. valutazione incompleta

## Sottotipi di ictus ischemico e correlati clinico-strumentali

| Caratteristiche      |                                                       | aterosclerosi dei TSA | cardio-embolismo | lacunare | altri |
|----------------------|-------------------------------------------------------|-----------------------|------------------|----------|-------|
| Cliniche             | disfunzione corticale o cerebellare                   | +                     | +                | -        | +/-   |
|                      | sindrome lacunare                                     | -                     | -                | +        | +/-   |
| Neuroradiologiche    | infarto corticale, cerebellare o subcorticale >1,5 cm | +                     | +                | -        | +/-   |
|                      | infarto subcorticale o del tronco encefalico <1,5 cm  | -                     | -                | +/-      | +/-   |
| Indagini strumentali | stenosi della carotide interna extracranica           | +                     | -                | -        | -     |
|                      | sorgente cardioembolica                               | -                     | +                | -        | -     |
|                      | altre anomalie                                        | -                     | -                | -        | +     |

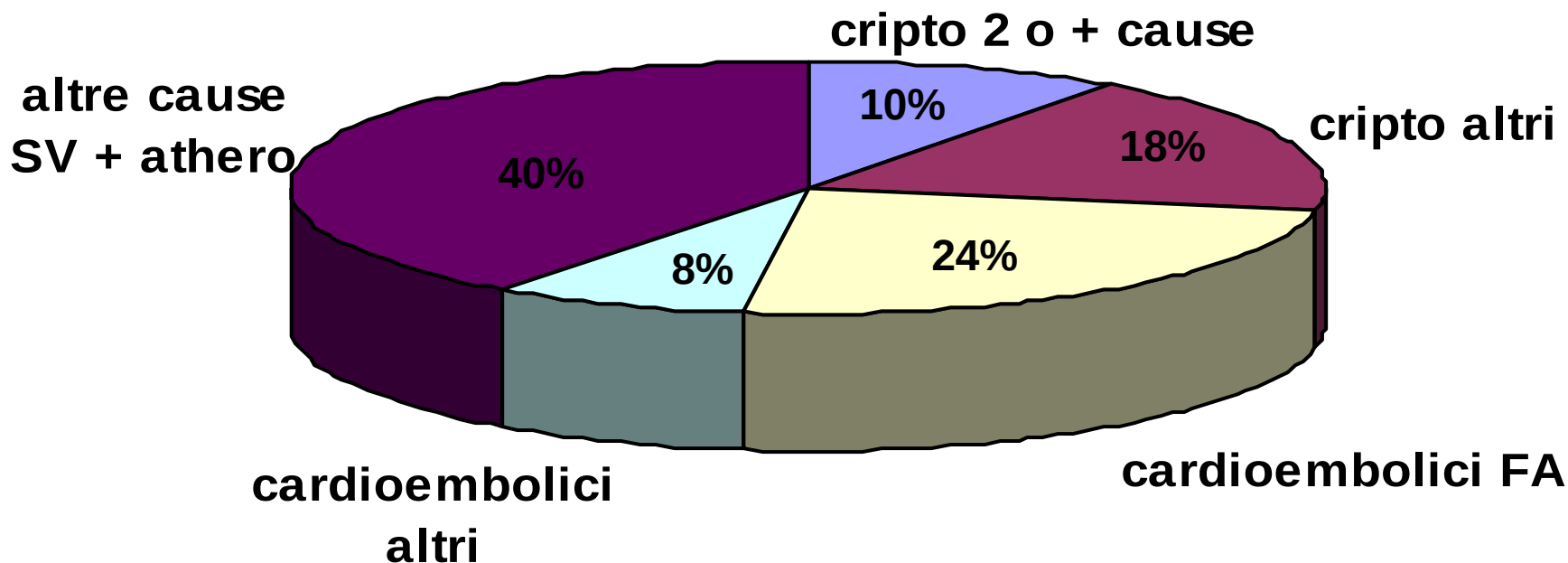
# Registro stroke U.O. Neurologia (dal 2009)

**1735** ictus ischemici

**FA → 75% dei cardioembolici**

**Ictus cardioembolici → 89% in TAO alla dimissione**

**Note:** tra gli ictus criptogenetici per presenza di 2 o più cause vi sono molti con cardioembolia probabile + altra causa probabile



# Piano della presentazione

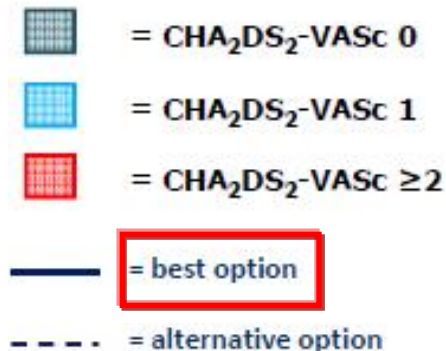
1. Dimensione e rilevanza del problema:  
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# Prevenzione primaria rischio embolico in AF

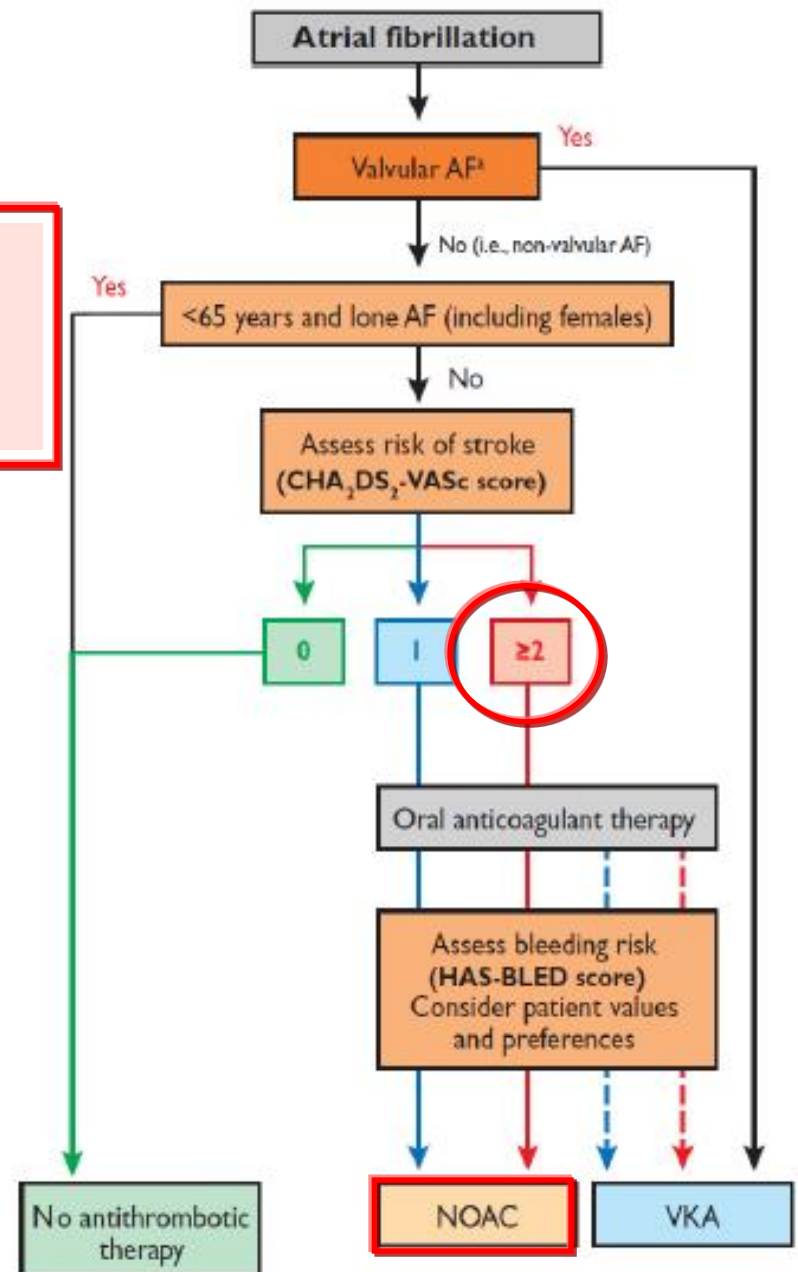
In patients with a  $\text{CHA}_2\text{DS}_2\text{-VASc}$  score  $\geq 2$ , OAC therapy with:

- adjusted-dose VKA (INR 2–3); or
  - a direct thrombin inhibitor (dabigatran); or
  - an oral factor Xa inhibitor (e.g. rivaroxaban, apixaban)<sup>d</sup>
- ... is recommended, unless contraindicated.

IA



ESC guidelines update,  
Camm AJ et al.  
Eur Heart J. 2012;33:2719



# Assessing Risk

## *CHA<sub>2</sub>DS<sub>2</sub>VASc*

|                      | Condition                                                                                           | Points |
|----------------------|-----------------------------------------------------------------------------------------------------|--------|
| <b>C</b>             | Congestive heart failure (or Left ventricular systolic dysfunction)                                 | 1      |
| <b>H</b>             | Hypertension: blood pressure consistently above 140/90 mmHg (or treated hypertension on medication) | 1      |
| <b>A<sub>2</sub></b> | Age ≥75 years                                                                                       | 2      |
| <b>D</b>             | Diabetes Mellitus                                                                                   | 1      |
| <b>S<sub>2</sub></b> | Prior stroke or TIA or thromboembolism                                                              | 2      |
| <b>V</b>             | Vascular disease (eg, peripheral artery disease, myocardial infarction, aortic plaque)              | 1      |
| <b>A</b>             | Age 65-74 years                                                                                     | 1      |
| <b>Sc</b>            | Sex category (ie, female sex)                                                                       | 1      |

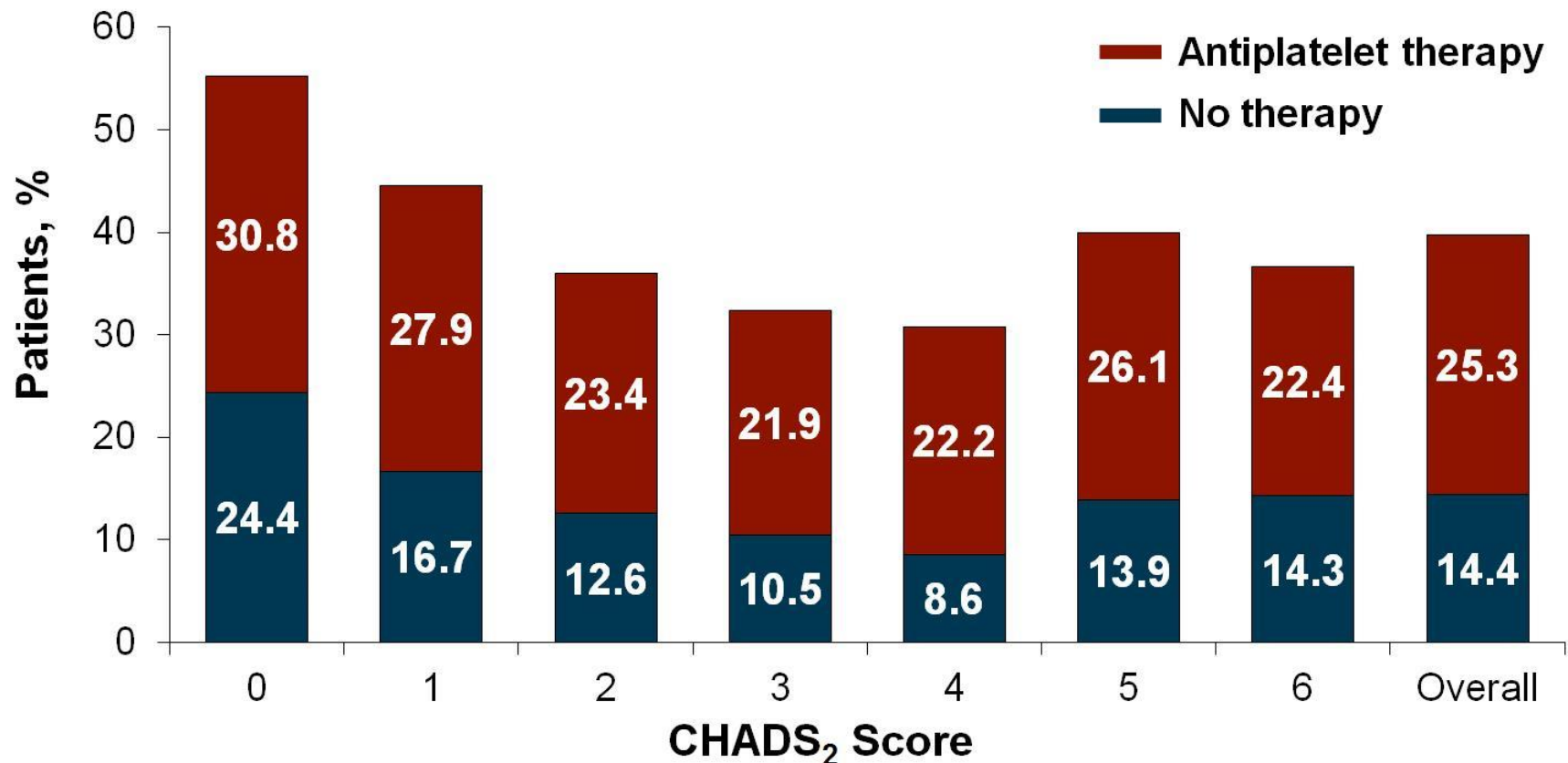
| CHA <sub>2</sub> DS <sub>2</sub> -VASc Score | Stroke Risk, % |
|----------------------------------------------|----------------|
| 0                                            | 0              |
| 1                                            | 1.3            |
| 2                                            | 2.2            |
| 3                                            | 3.2            |
| 4                                            | 4.0            |
| 5                                            | 6.7            |
| 6                                            | 9.8            |
| 7                                            | 9.6            |
| 8                                            | 6.7            |
| 9                                            | 15.2           |

Lip GY, et al. *Chest*. 2010;137:263-72.<sup>[10]</sup>

Lip GY, et al. *Stroke*. 2010 Dec;41:2731-8.<sup>[32]</sup>

# GARFIELD Registry

**Patients receiving inadequate anticoagulation:  
data from December 2009 to October 2011**



# Limiti della terapia con VKA

Risposta Imprevedibile

Ristretta finestra  
terapeutica  
(INR range 2-3)

Monitoraggio  
periodico della  
coagulazione

**La terapia con  
VKA presenta  
numerosi  
limitazioni che  
ne rendono  
difficile  
l'utilizzo**

Frequenti aggiustamenti  
di dose

Numerose interazioni  
con il cibo

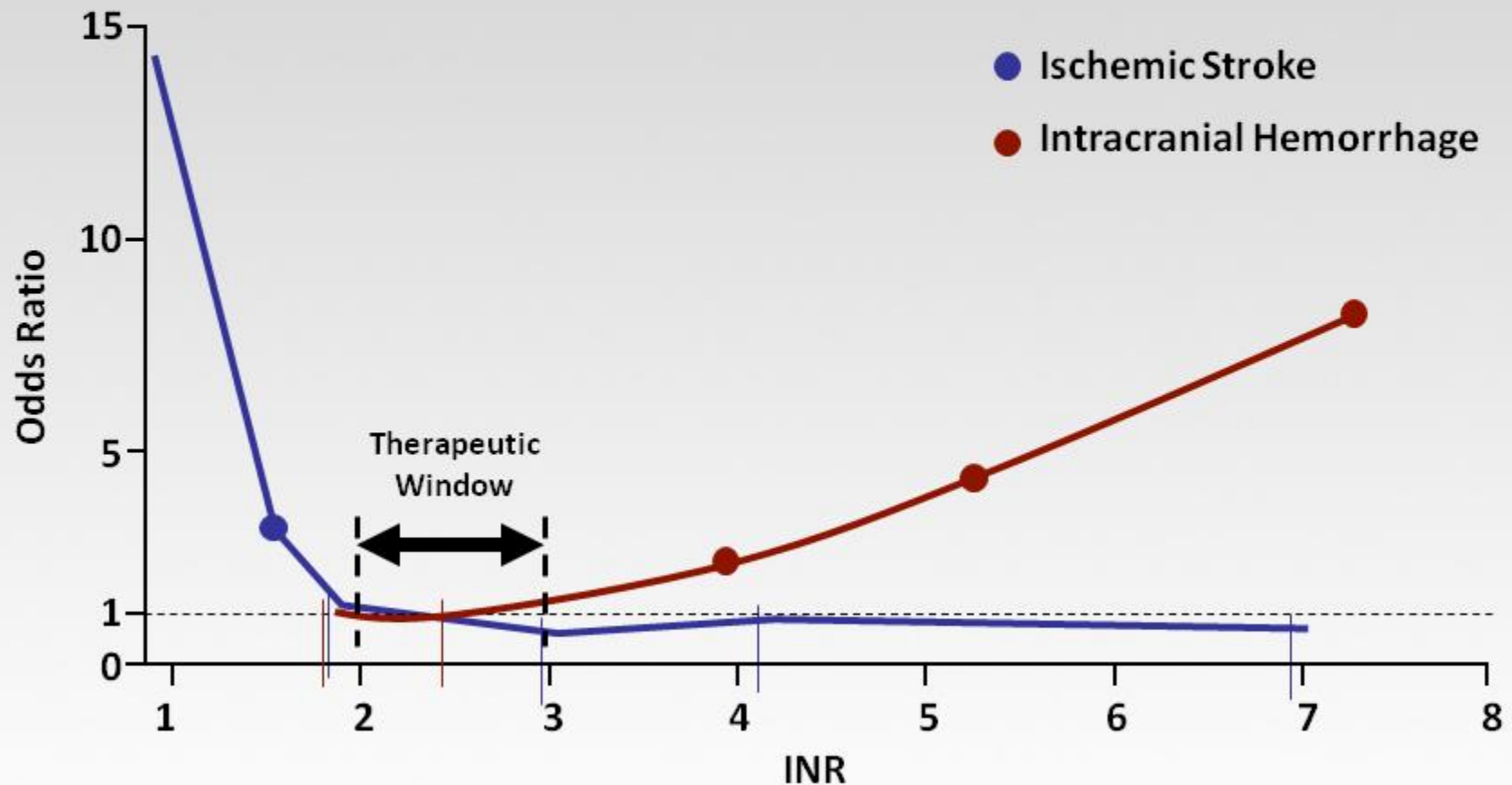
Numerose interazioni  
farmacologiche

Solo il 50% dei pazienti elegibili ricevono il Warfarin

1. Ansell J, et al. *Chest* 2008;133:160S-198S; 2. Umer Ushman MH, et al. *J Interv Card Electrophysiol* 2008; 22:129-137; Nutescu EA, et al. *Cardiol Clin* 2008; 26:169-187.

**INR 2-3  
56%**

# Warfarin Has a Narrow Therapeutic Window: Relationship Between Clinical Events and INR



Hylek EM, et al. *Ann Intern Med.* 1994;120:897-902.

Hylek EM, et al. *N Engl J Med.* 1996;335:540-546.

# Limiti superati con i NOAC

~~Risposta imprevedibile~~

~~Ristretta finestra  
terapeutica  
(INR range 2-3)~~

~~Monitoraggio  
periodico della  
coagulazione~~

**La terapia con i  
NOAC presenta  
numerosi  
vantaggi che  
rendono più  
sicuro l'utilizzo**

~~Frequenti aggiustamenti  
di dose~~

~~Numerose interazioni  
con il cibo~~

**LIMITATE interazioni  
farmacologiche**

# Pivotal Warfarin-Controlled Trials

## Stroke Prevention in AF

Warfarin vs Placebo  
2,900 Patients

NOACs vs Warfarin  
71,683 Patients

6 Trials of Warfarin  
vs Placebo 1989-1993<sup>a</sup>

ROCKET AF<sup>c</sup>  
(Rivaroxaban)  
2011

ENGAGE AF-TIMI 48<sup>e</sup>  
(Edoxaban)  
2013

RE-LY<sup>b</sup>  
(Dabigatran)  
2009

ARISTOTLE<sup>d</sup>  
(Apixaban)  
2011

a. Hart RG, et al. *Ann Intern Med* 2007;146:857-67<sup>[14]</sup>; b. Connolly SJ, et al. *N Engl J Med*. 2009;361:1139-51<sup>[15]</sup>; c. Patel MR, et al. *N Engl J Med*. 2011;365:883-91<sup>[16]</sup>; d. Granger CB, et al. *N Engl J Med*. 2011;365:981-92<sup>[17]</sup>; e. Giuliano RP, et al. *N Engl J Med*. 2013;369:2093-2104.<sup>[18]</sup>

# Alternatives to Warfarin

## Apixaban

## Rivaroxaban

## Dabigatran

Target

Xa

Xa

Thrombin

Dosing interval

Twice daily

Once daily

Twice daily

Half-life

9-14 hours

5-9 hours  
Longer in elderly

8-17 hours

Renal  
metabolism

33%

25%

80%

Hepatic  
metabolism

67%

75%

20%

# NOAC vs. warfarin: Study characteristics

|                                                                                          | ARISTOTLE <sup>1</sup> | RE-LY <sup>2</sup> | ROCKET-AF <sup>3</sup> |
|------------------------------------------------------------------------------------------|------------------------|--------------------|------------------------|
| <b>Age</b>                                                                               | 70 years (median)      | 71 years (mean)    | 73 years (median)      |
| <b>Men</b>                                                                               | 65%                    | 64%                | 60%                    |
| <b>Type of AF*</b>                                                                       |                        |                    |                        |
| Persistent/permanent                                                                     | 84.7%                  | 67.2%              | 81.0%                  |
| Paroxysmal                                                                               | 15.3%                  | 32.8%              | 17.6%                  |
| Newly diagnosed                                                                          | -                      | -                  | 1.4%                   |
| <b>CHADS<sub>2</sub> of patients, mean*</b>                                              | 2.1                    | 2.1                | 3.5                    |
| 0 or 1                                                                                   | 34.0%                  | 31.9%              | 0%                     |
| 2                                                                                        | 35.8%                  | 35.6%              | 13%                    |
| 3-6                                                                                      | 30.2%                  | 32.5%              | 87%                    |
| <b>Time in therapeutic range (TTR) in the warfarin group, mean % of the study period</b> | 62.2%                  | 64%                | 55%                    |
| <b>Patients with prior stroke or TIA</b>                                                 | 19.4%                  | 20.2%              | 54.7%                  |

*\*Data calculated for the overall study group*

1. Granger et al. NEJM 2011;365:981-92. 2. Connolly et al. NEJM 2009;361:1139-51. 3. Patel et al. NEJM 2011;365:883-91.

# NOAC vs. warfarin: Inclusion criteria

| ARISTOTLE <sup>1</sup>                                                               | RE-LY <sup>2</sup>                                                                                                                                   | ROCKET-AF <sup>3,4</sup>                                                                                                         |
|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <b>Documented NVAF or flutter with ≥1 of the following stroke risk factors:</b>      | <b>Documented NVAF with ≥1 of the following stroke risk factors:</b>                                                                                 | <b>Documented NVAF at moderate-to-high risk for stroke, i.e. CHADS<sub>2</sub> ≥2:*</b>                                          |
| • Previous <b>stroke, TIA or systemic embolism</b>                                   | • Previous <b>stroke or TIA or systemic embolism</b>                                                                                                 | • Prior <b>ischaemic stroke, TIA or systemic embolism</b> or                                                                     |
|                                                                                      |                                                                                                                                                      | • ≥2 or more of the following risk factors:                                                                                      |
| • <b>Age</b> ≥75 years                                                               | • <b>Age</b> ≥75 years, or<br>• <b>Age</b> 65 to 74 years + <b>diabetes</b> on treatment, <b>hypertension</b> requiring treatment, or documented CAD | • <b>Age</b> ≥75 years                                                                                                           |
| • Symptomatic <b>heart failure</b> within the previous 3 months, or <b>LVEF</b> ≤40% | • NYHA class ≥II <b>heart failure</b> symptoms within previous 6 months<br>• <b>LVEF</b> <40%                                                        | • <b>Heart failure</b> or <b>LVEF</b> ≤35%                                                                                       |
| • <b>Diabetes</b> mellitus                                                           |                                                                                                                                                      | • <b>Diabetes</b> (type 1 or type 2)                                                                                             |
| • <b>Hypertension</b> requiring treatment                                            |                                                                                                                                                      | • <b>Hypertension</b> (treated with antihypertensive agents within the previous 6 months or persistent SBP >140 or DBP >90 mmHg) |

*\*The proportion of patients with no previous ischaemic stroke/TIA/systemic embolism or no more than two risk factors was limited to 10%*

1. Granger et al. NEJM 2011;365:981-92. 2. Connolly et al. NEJM 2009;361:1139-51.  
3. Patel et al. NEJM 2011;365:883-91. 4. Patel et al. NEJM 2011;365:883-91suppl app.

# Main exclusion criteria in NOAC trials

| RELY <sup>1</sup>                                                                                                                                                                                                                                                                                                                                                                   | ROCKET <sup>2,3</sup>                                                                                                                                                                                                                                                                                                                                                                                                                     | ARISTOTLE <sup>4</sup>                                                                                                                                                                                                                                                                                                                                                                                                               | AVERROES <sup>5</sup>                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Severe heart valve disorder</li> <li>• Stroke within 14 days or severe stroke within the previous 6 months</li> <li>• AF due to reversible cause</li> <li>• Plan to cure the AF by ablation or surgery</li> <li>• A condition that increased the risk of haemorrhage</li> <li>• Active liver disease</li> <li>• CrCL ≤30 mL/min</li> </ul> | <ul style="list-style-type: none"> <li>• Significant mitral stenosis,</li> <li>• Prosthetic heart valve</li> <li>• Severe, disabling stroke within 3 months or any stroke within 14 days</li> <li>• TIA within 3 days</li> <li>• AF due to reversible cause</li> <li>• Planned cardioversion</li> <li>• Active internal bleeding</li> <li>• A condition that increased the risk of haemorrhage,</li> <li>• CrCl &lt; 30 mL/min</li> </ul> | <ul style="list-style-type: none"> <li>• Moderate or severe mitral stenosis</li> <li>• Conditions other than AF requiring anticoagulation eg prosthetic heart valve</li> <li>• Stroke within the previous 7 days</li> <li>• AF due to reversible cause</li> <li>• Planned ablation procedure</li> <li>• Increased bleeding risk</li> <li>• Need for ASA &gt;65 mg/d or for ASA+clopidogrel,</li> <li>• CrCl &lt;25 mL/min</li> </ul> | <ul style="list-style-type: none"> <li>• Presence of conditions other than AF for which the patient required long-term anticoagulation</li> <li>• Valvular disease requiring surgery</li> <li>• AF due to reversible causes</li> <li>• Serious bleeding event in the previous 6 months,</li> <li>• A high risk of bleeding</li> <li>• Allergy to ASA</li> <li>• CrCl &lt;25 mL/min</li> <li>• Stroke within the previous 10 days</li> </ul> |

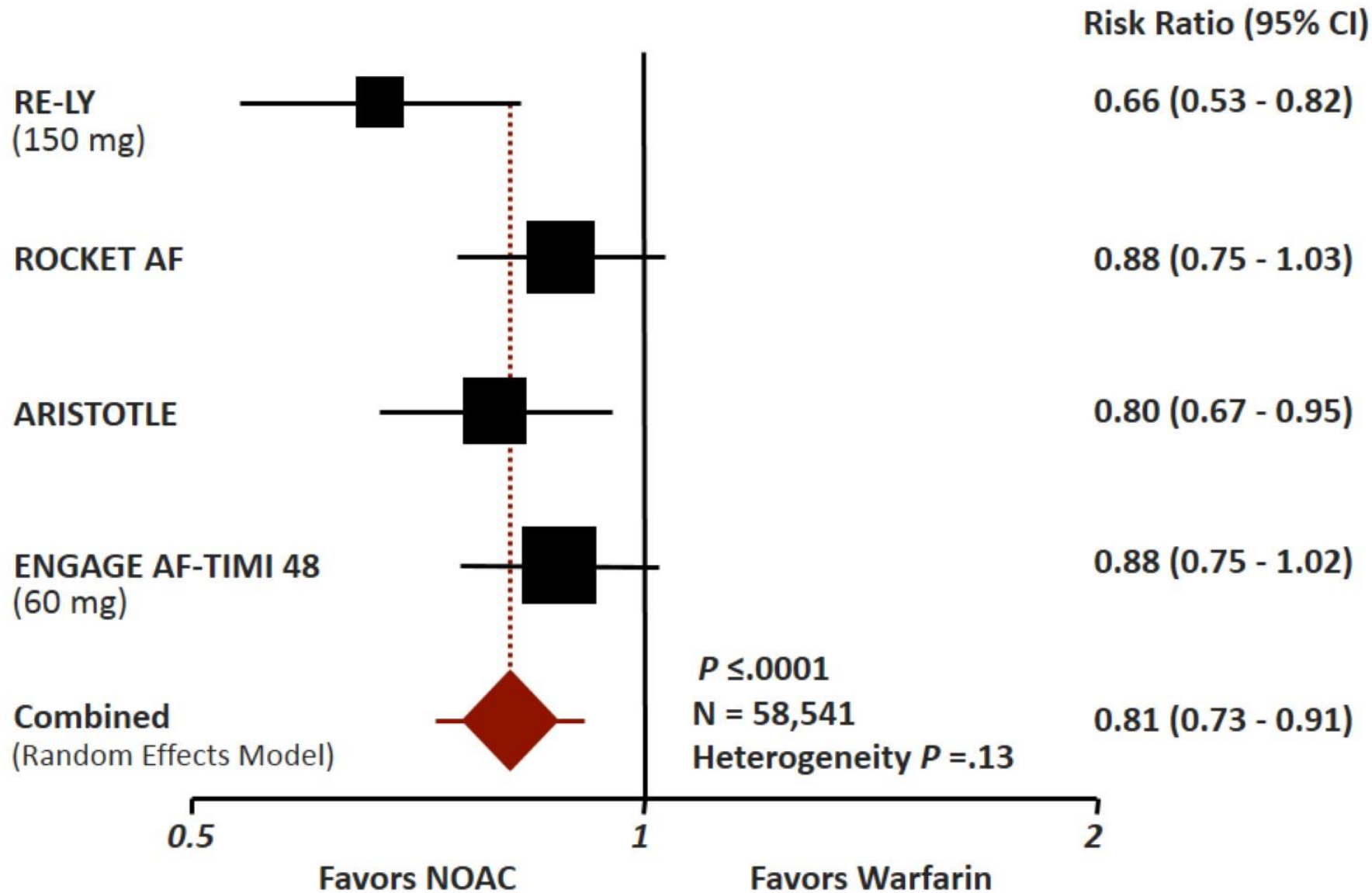
1.Connolly SJ et al. N Eng J Med 2009;361:1139–1151 4.Granger CB et al. N Eng J Med 2011;365:981–992

2.Patel MR et al. N Eng J Med 2011;365:883–891

3.ROCKET-AF investigators. Am Heart J 2010;159:340–347

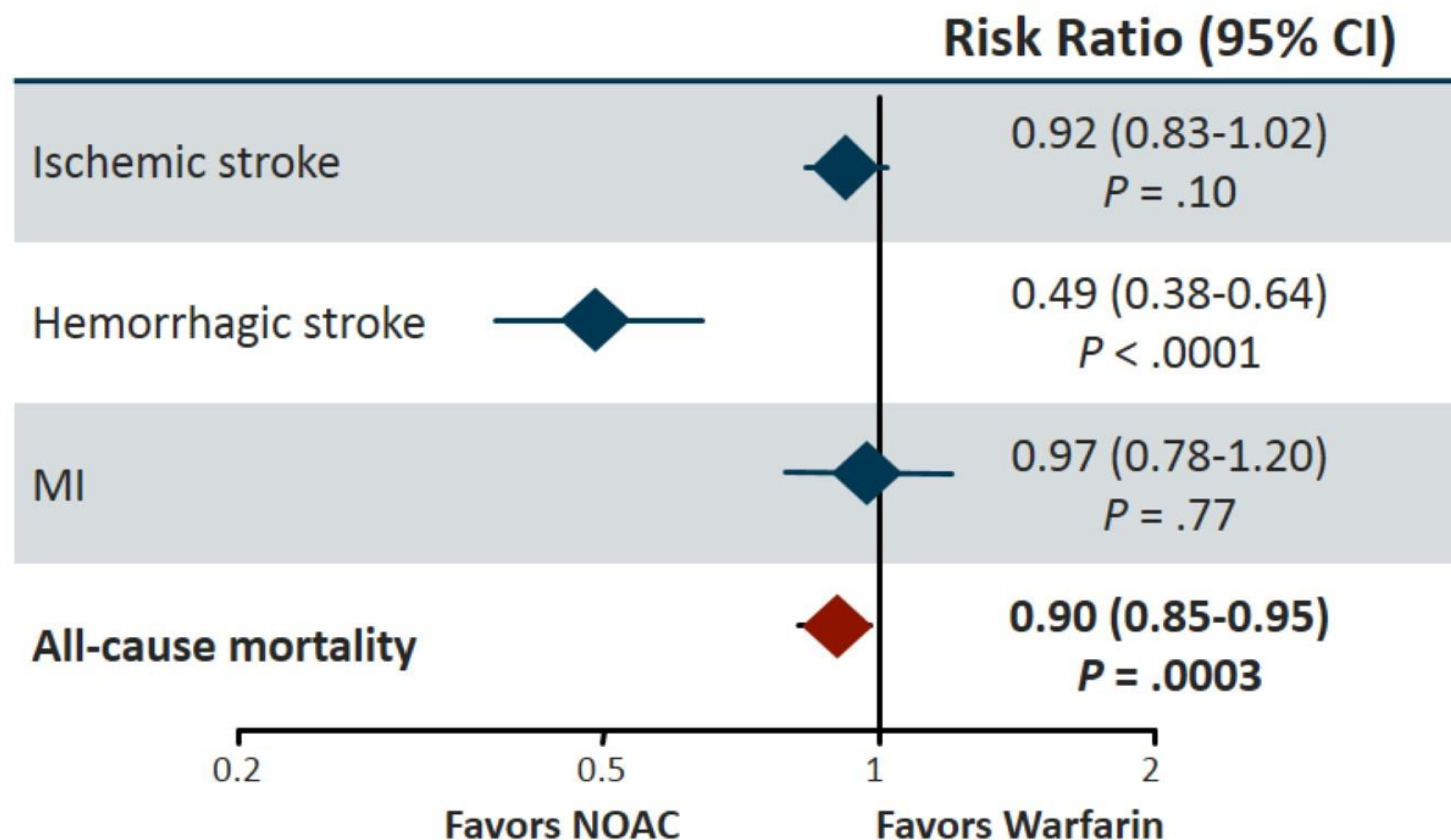
5. Connolly SJ et al. N Eng J Med 2011;364:806–817

# All NOACS: Stroke or SEE



# NOAC Meta-analysis

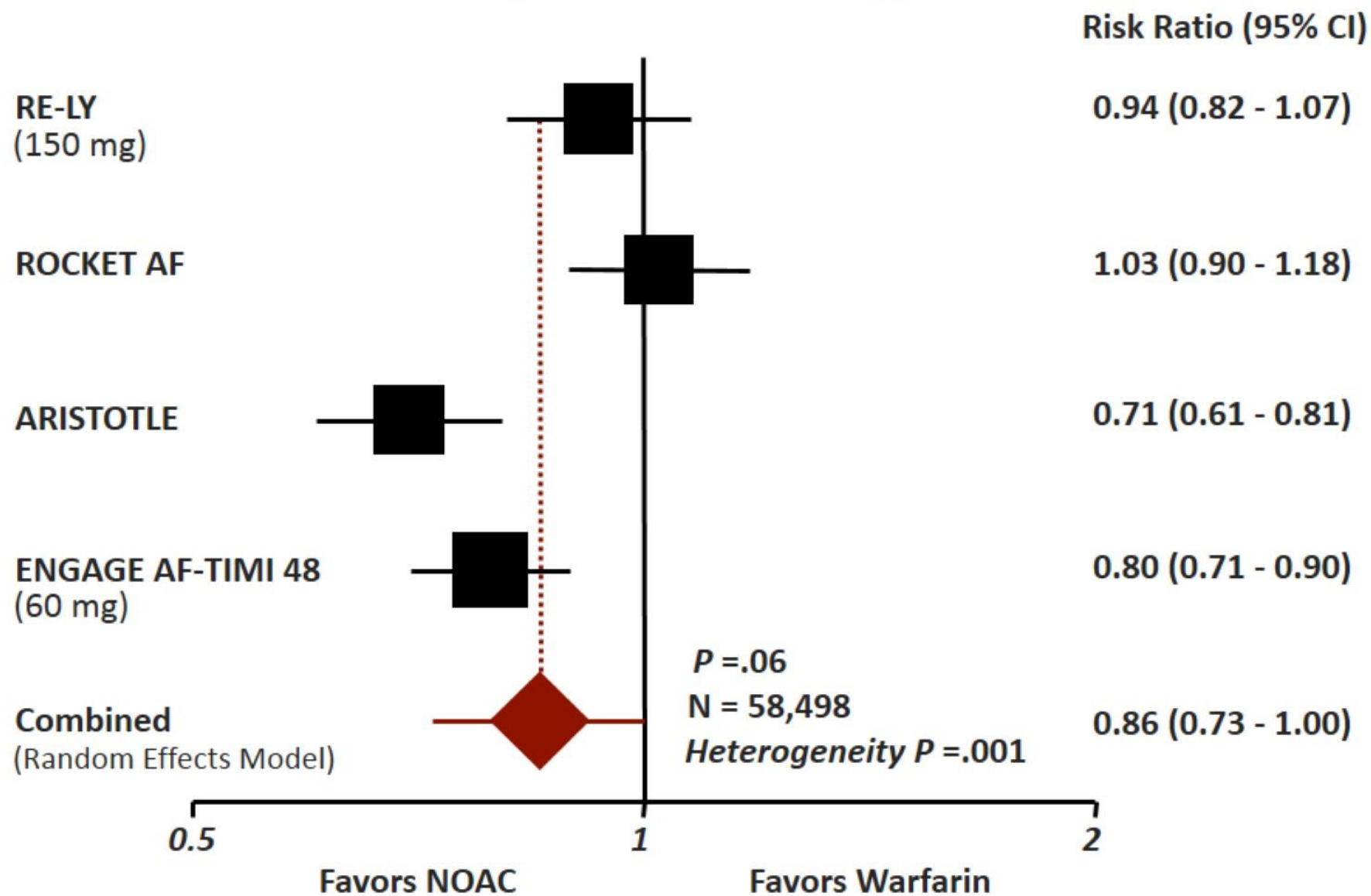
## *Secondary Efficacy Outcomes*



Heterogeneity:  $P = \text{NS}$  for all outcomes

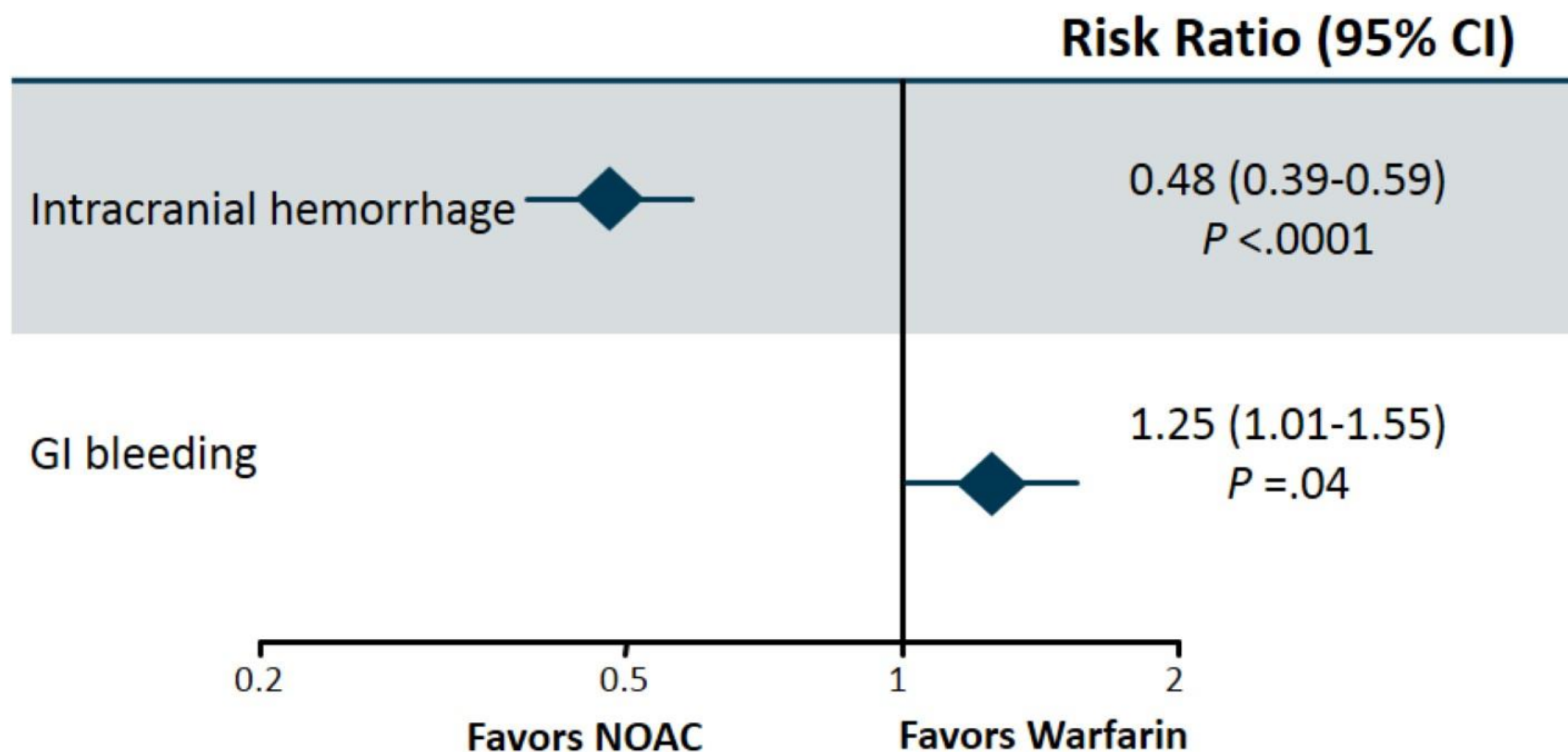
Ruff CT, et al. *Lancet* 2014;383:955-962<sup>[19]</sup>

# All NOACS: Major Bleeding



# NOAC Meta-analysis

## *Secondary Safety Outcomes*

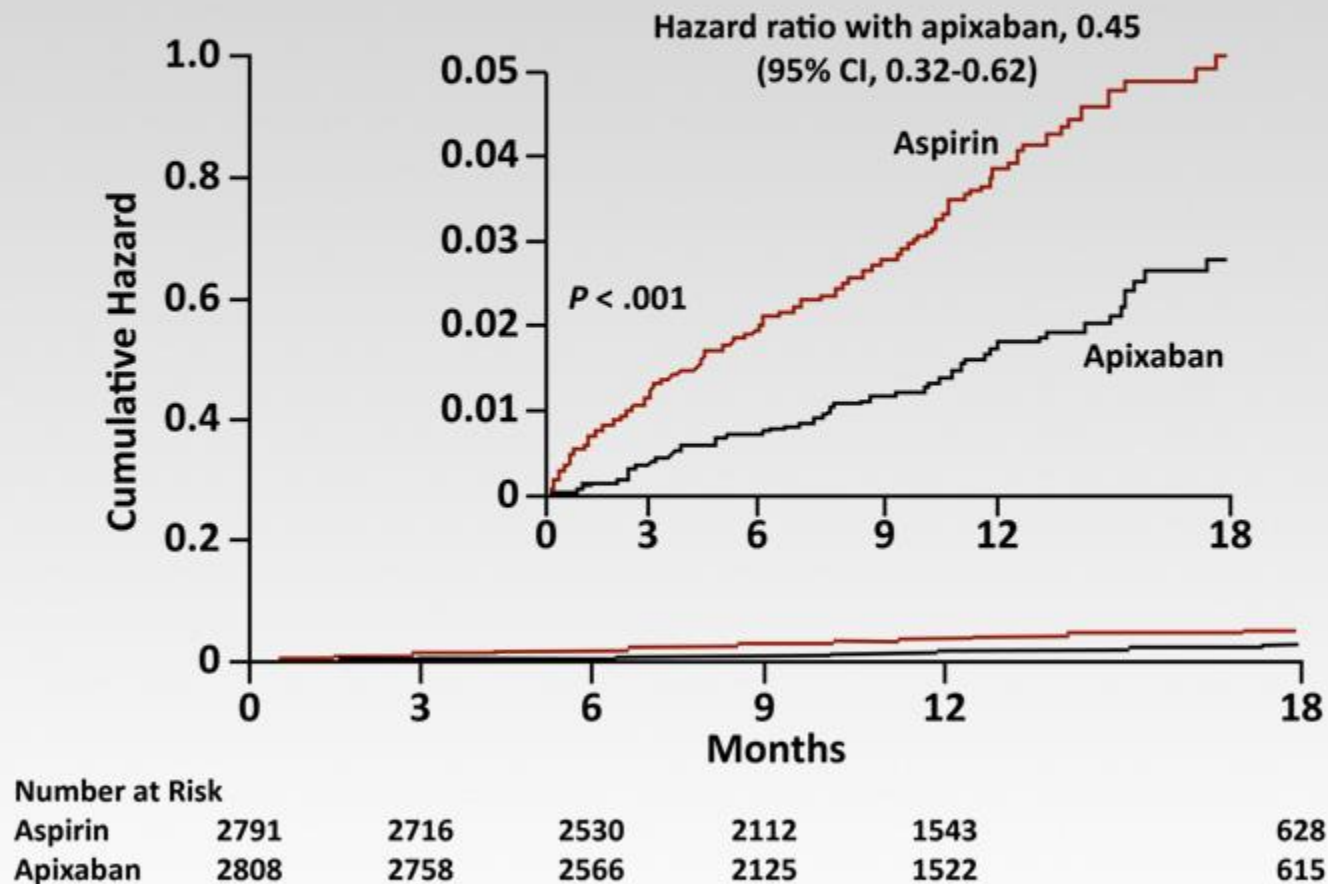


Heterogeneity : ICH,  $P = .22$ ; GI Bleeding,  $P = .009$

Ruff CT, et al. *Lancet* 2014;383:955-962<sup>[19]</sup>

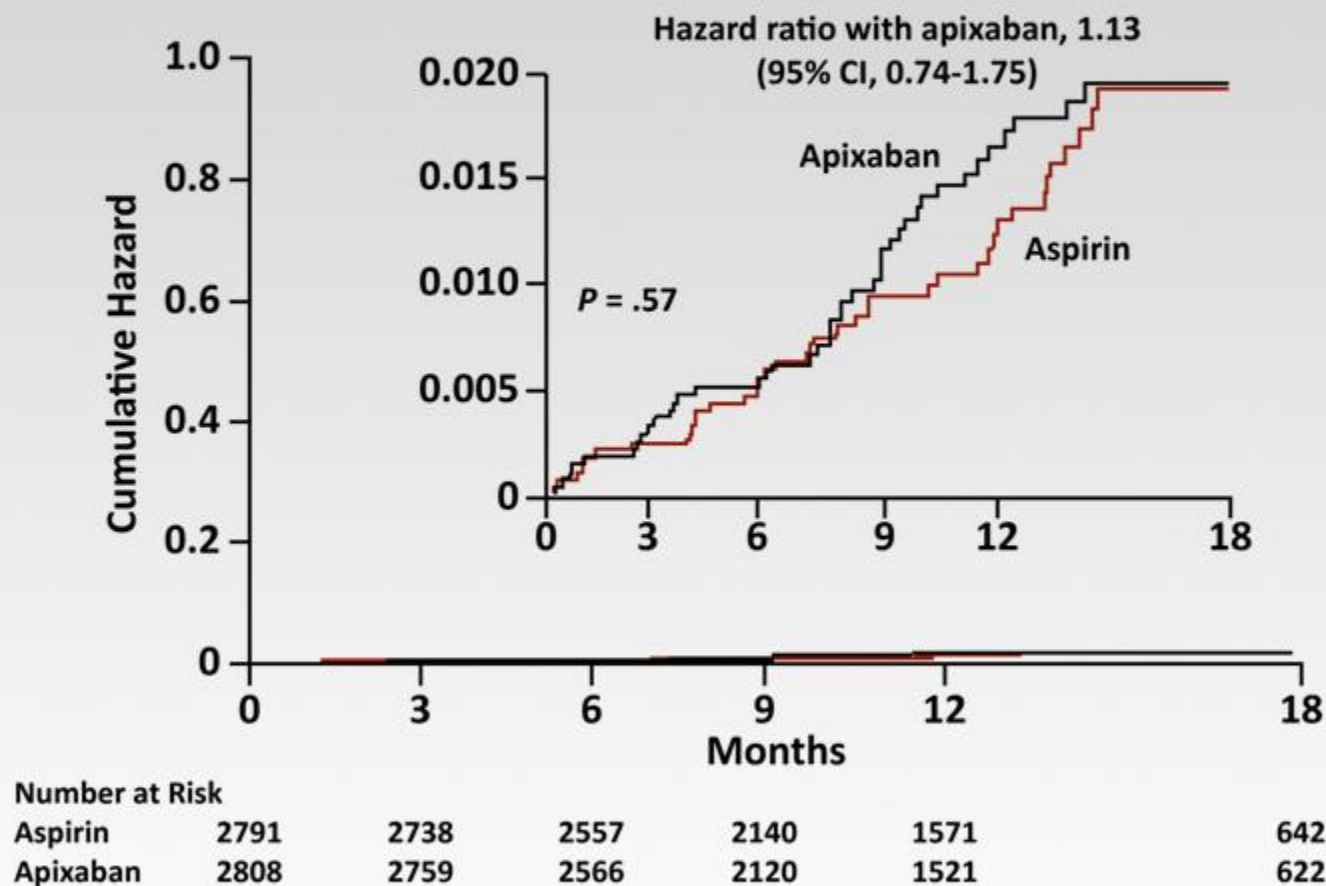
# AVERROES: Apixaban in Patients With AF

## Stroke or Systemic Embolism



# AVERROES: Risk for Major Bleeding With Apixaban vs Aspirin

## Major Bleeding



At 2 years, the rates of permanent discontinuations were 17.9% per year with apixaban and 20.5% per year with aspirin (hazard ratio with apixaban, 0.88; 95% CI, 0.78-0.99;  $P = .03$ ).

# NOACs vs. warfarin

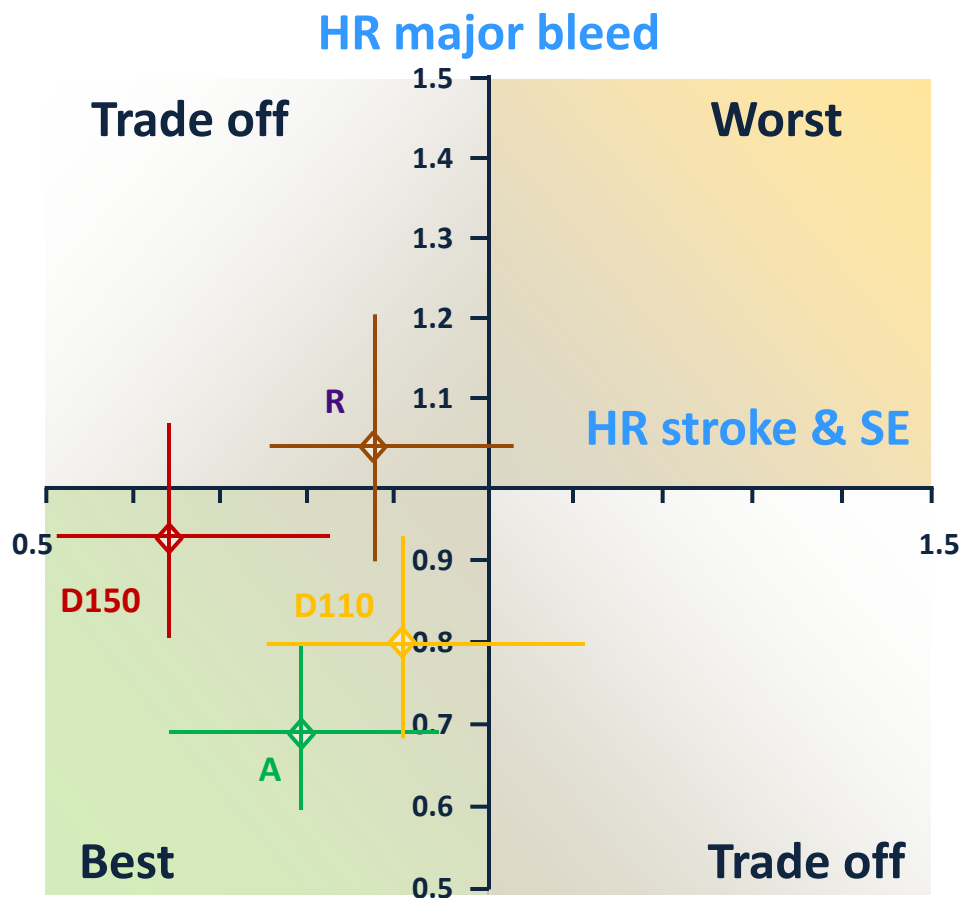
**Table 2** Novel oral anticoagulants: a summary of main outcomes in their respective Phase 3 clinical trials

| Effect on outcome event, vs. warfarin         | D150 | D110 | Riva | Apix |
|-----------------------------------------------|------|------|------|------|
| Non-inferiority for stroke                    | √    | √    | √    | √    |
| Superiority for primary endpoint of stroke/SE | √    |      |      | √    |
| Reduction in hemorrhagic stroke               | √    | √    | √    | √    |
| Reduction in ischemic stroke                  | √    |      |      |      |
| Reduction in mortality                        | (√)  |      |      | √    |
| Reduction in CV mortality                     | √    |      |      |      |
| Reduction in major bleeding                   |      | √    |      | √    |
| Reduction in major and minor bleeds           | √    | √    |      | √    |
| Increase in gastrointestinal major bleeds     | √    |      | √    |      |
| Increase in myocardial infarction             | ?    | ?    |      |      |
| Fewer treatment discontinuations              |      |      |      | √    |

D150, dabigatran etexilate 150 mg b.i.d.; D110, dabigatran etexilate 110 mg b.i.d.; Riva, rivaroxaban; Api, apixaban. (√) indicates borderline significance.

# NOACs vs. warfarin for stroke prevention in NVAF

- Hazard ratios (or for dabigatran risk reductions) and 95% confidence intervals in comparison with warfarin for
  - Primary efficacy outcome (horizontal lines)
  - Major bleeding (vertical lines)



These are not head-to-head comparisons between the NOACs

## Stroke prevention in patients with atrial fibrillation (1)

| Recommendations                                                                                                                                                                                                              | Class      | Level    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|
| Oral anticoagulation therapy to prevent thromboembolism is recommended for all male AF patients with a CHA <sub>2</sub> DS <sub>2</sub> -VASc score of 2 or more.                                                            | <b>I</b>   | <b>A</b> |
| Oral anticoagulation therapy to prevent thromboembolism is recommended in all female AF patients with a CHA <sub>2</sub> DS <sub>2</sub> -VASc score of 3 or more.                                                           | <b>I</b>   | <b>A</b> |
| Oral anticoagulation therapy to prevent thromboembolism should be considered in male AF patients with a CHA <sub>2</sub> DS <sub>2</sub> -VASc score of 1, considering individual characteristics and patient preferences.   | <b>IIa</b> | <b>B</b> |
| Oral anticoagulation therapy to prevent thromboembolism should be considered in female AF patients with a CHA <sub>2</sub> DS <sub>2</sub> -VASc score of 2, considering individual characteristics and patient preferences. | <b>IIa</b> | <b>B</b> |
| Vitamin K antagonist therapy (INR 2.0–3.0 or higher) is recommended for stroke prevention in AF patients with moderate-to-severe mitral stenosis or mechanical heart valves.                                                 | <b>I</b>   | <b>B</b> |
| When oral anticoagulation is initiated in a patient with AF who is eligible for a NOAC (apixaban, dabigatran, edoxaban, or rivaroxaban), a NOAC is recommended in preference to a Vitamin K antagonist.                      | <b>I</b>   | <b>A</b> |

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# Score CHA<sub>2</sub>DS<sub>2</sub>-VASc

| CHA <sub>2</sub> DS <sub>2</sub> -VASc score | Patients (n=7329) | Adjusted stroke rate (%/year) <sup>b</sup> |
|----------------------------------------------|-------------------|--------------------------------------------|
| 0                                            | 1                 | 0%                                         |
| 1                                            | 422               | 1.3%                                       |
| 2                                            | 1230              | 2.2%                                       |
| 3                                            | 1730              | 3.2%                                       |
| 4                                            | 1718              | 4.0%                                       |
| 5                                            | 1159              | 6.7%                                       |
| 6                                            | 679               | 9.8%                                       |
| 7                                            | 294               | 9.6%                                       |
| 8                                            | 82                | 6.7%                                       |
| 9                                            | 14                | 15.2%                                      |

| Risk factor                             | Score    |
|-----------------------------------------|----------|
| Congestive heart failure/LV dysfunction | 1        |
| Hypertension                            | 1        |
| Age ≥75                                 | 2        |
| Diabetes mellitus                       | 1        |
| Stroke/TIA/thrombo-embolism             | 2        |
| Vascular disease <sup>a</sup>           | 1        |
| Age 65–74                               | 1        |
| Sex category (i.e. female sex)          | 1        |
| <b>Maximum score</b>                    | <b>9</b> |



CHEST

Original Research

THROMBOEMBOLISM

## Refining Clinical Risk Stratification for Predicting Stroke and Thromboembolism in Atrial Fibrillation Using a Novel Risk Factor-Based Approach

The Euro Heart Survey on Atrial Fibrillation

Gregory Y. H. Lip, MD; Bobby Nieuwlaat, PhD; Ron Pisters, MD; Deirdre A. Lane, PhD; and Harry J. G. M. Crijns, MD

ESC Guidelines, Camm JA et al. Eur Heart J 2010; 31:2369

# Reduction in stroke risk with OAC is greater for **secondary prevention**

| Therapy comparison | Absolute reduction in stroke risk (% per year) |                      |
|--------------------|------------------------------------------------|----------------------|
|                    | Primary prevention                             | Secondary prevention |
| VKA vs placebo     | 2.7 (NNT 32)                                   | 8.4 (NNT 12.5)       |
| VKA vs ASA         | 0.7                                            | 7.0                  |

# **Prevenzione secondaria rischio embolico in AF**

## **Raccomandazione 12.7 Grado A**

**Nell'ictus o TIA embolico associato a fibrillazione atriale non valvolare, la terapia anticoagulante orale è indicata mantenendo un INR tra 2 e 3.**

**LINEE GUIDA SPREAD**

# Nonvitamin-K-Antagonist Oral Anticoagulants in Patients With Atrial Fibrillation and Previous Stroke or Transient Ischemic Attack

## A Systematic Review and Meta-Analysis of Randomized Controlled Trials

George Ntaios, MD; Vasileios Papavasileiou, MD; Hans-Christoph Diener, MD;  
Konstantinos Makaritsis, MD; Patrik Michel, MD

**Table. Characteristics of the Populations With Previous Stroke or Transient Ischemic Attack Included in the Meta-Analysis**

|                                                                          | RE-LY             | ROCKET AF       | ARISTOTLE       |
|--------------------------------------------------------------------------|-------------------|-----------------|-----------------|
| Study population                                                         | 3623              | 7468            | 3436            |
| Allocated to non-VKA/warfarin                                            | 2428/1195         | 3754/3714       | 1694/1742       |
| Period in the therapeutic INR range (for patients allocated to warfarin) | 63%               | 57.1%           | 65.0%           |
| Duration of follow-up, median (IQR)                                      | 2.0 (1.14–2.86) y | 676 (510–845) d | 1.8 (1.4–2.3) y |
| Males, n (%)                                                             | 2279 (62.9)       | 4538 (60.8)     | 2152 (62.6)     |
| CHADS2 score, n (%)                                                      |                   |                 |                 |
| 0–1                                                                      | 0 (0)             | Not described   | 0 (0)           |
| 2                                                                        | 377 (10.4)        | Not described   | 268 (8)         |
| ≥3                                                                       | 3246 (89.6)       | Not described   | 3168 (92)       |

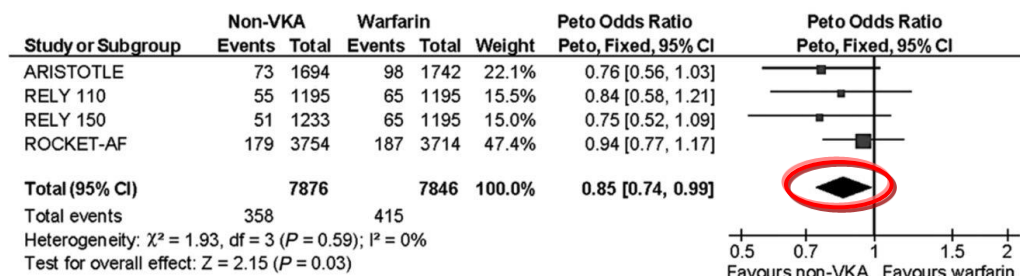
# Effects of NOACs vs warfarin on efficacy outcomes:

stroke or systemic embolism;  
stroke;  
ischemic or unknown stroke;  
disabling or fatal stroke

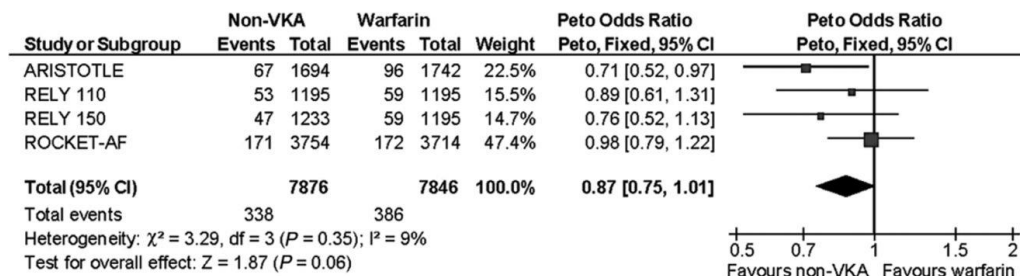
in patients with AF and previous stroke or TIA.

George Ntaios et al. Stroke. 2012;43:3298-3304

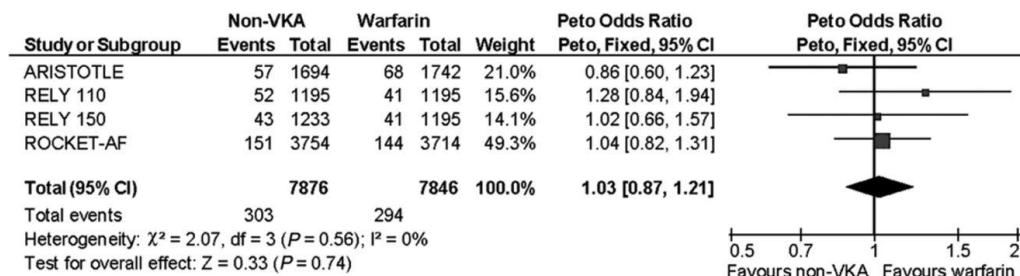
## Stroke or systemic embolism



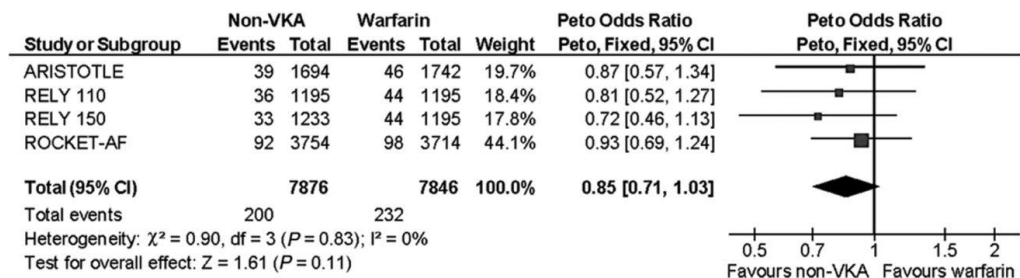
## Stroke



## Ischemic or unknown stroke



## Disabling or fatal stroke



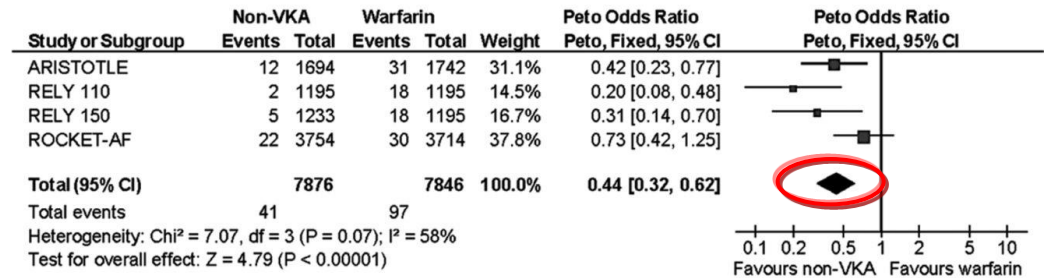
# Effects of NOACs vs warfarin on efficacy outcomes:

hemorrhagic stroke;  
CV death;  
death from any cause;  
MI

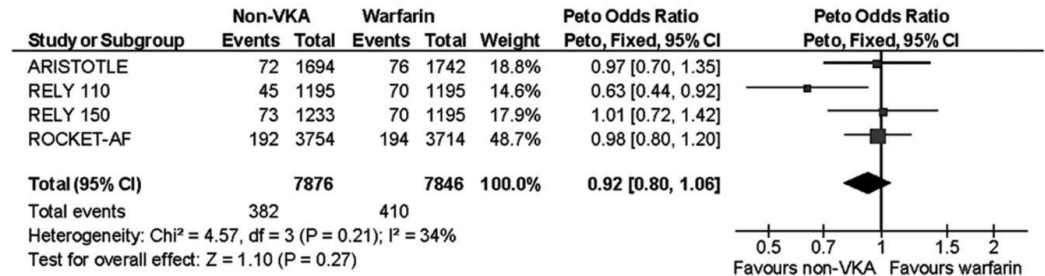
in patients with AF and previous stroke or TIA.

George Ntaios et al. Stroke. 2012;43:3298-3304

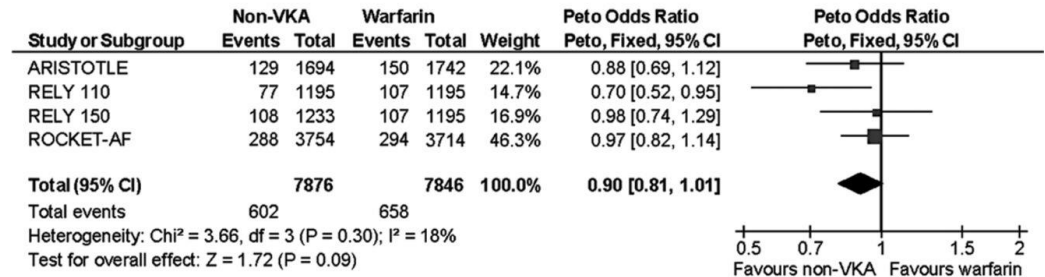
## Hemorrhagic stroke



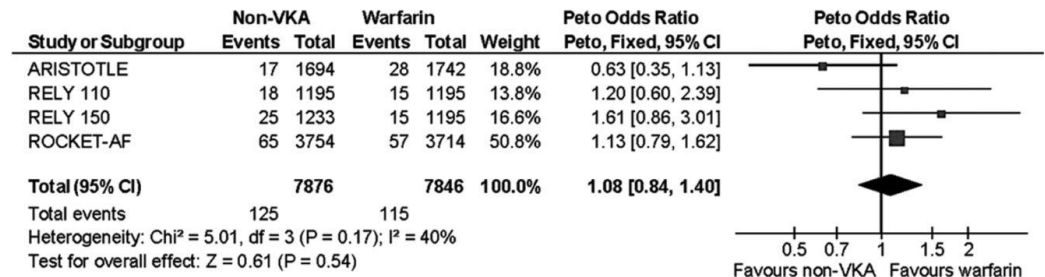
## Cardiovascular death



## Death from any cause



## Myocardial infarction

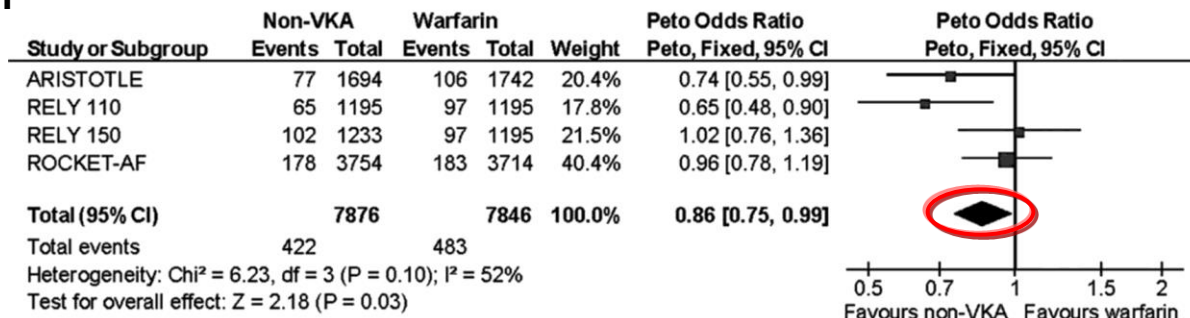


# Effects of NOACs vs warfarin on safety outcomes:

major bleeding;  
intracranial bleeding;  
gastrointestinal bleeding

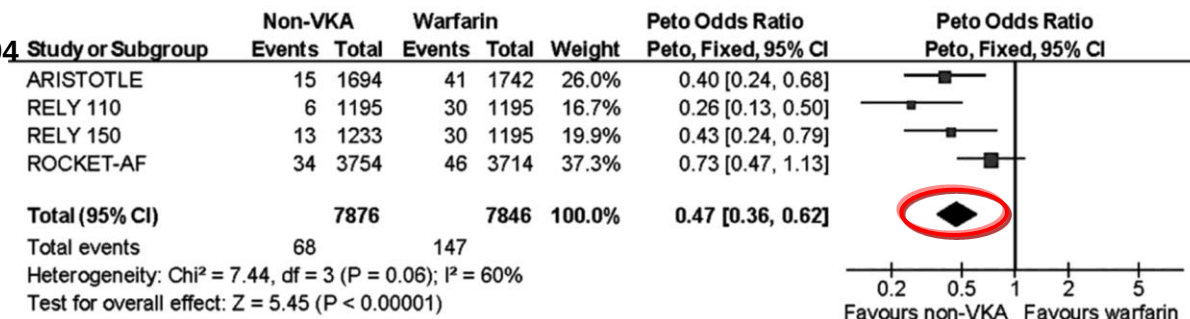
in patients with AF and previous stroke or TIA.

## Major bleeding

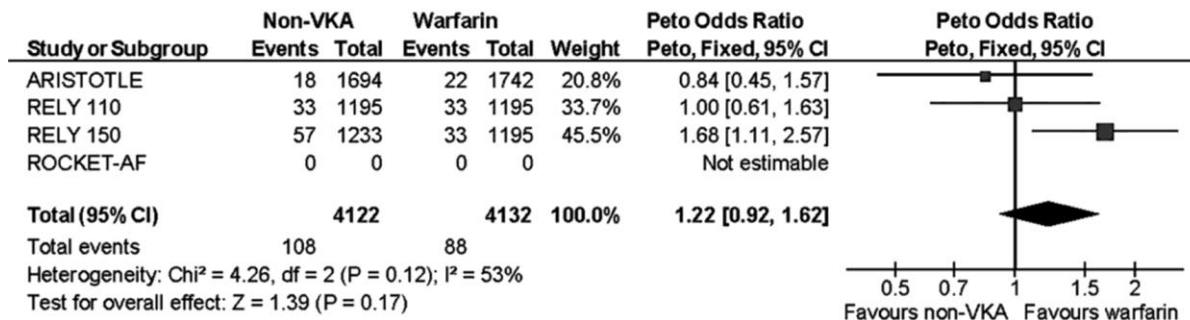


## Intracranial bleeding

George Ntaios et al. Stroke. 2012;43:3298-3304



## Gastrointestinal major bleeding



# Nonvitamin-K-Antagonist Oral Anticoagulants in Patients With Atrial Fibrillation and Previous Stroke or Transient Ischemic Attack

## A Systematic Review and Meta-Analysis of Randomized Controlled Trials

George Ntaios, MD; Vasileios Papavasileiou, MD; Hans-Christoph Diener, MD;  
Konstantinos Makaritsis, MD; Patrik Michel, MD

| Endpoint              | RRR   | ARR  | NNT |
|-----------------------|-------|------|-----|
| Stroke/SE             | 14%   | 0,7% | 134 |
| Hemorrhagic stroke    | 57,9% | 0,7% | 139 |
| Major bleeding        | 13%   | 0,8% | 125 |
| Intracranial bleeding | 53,9% | 1,0% | 98  |

**Conclusions**—In the context of the significant limitations of combining the results of disparate trials of different agents, non-VKAs seem to be associated with a significant reduction in rates of stroke or systemic embolism, hemorrhagic stroke, and major bleeding when compared with warfarin in patients with previous stroke or transient ischemic attack. (*Stroke*. 2012;43:3298-3304.)

## Secondary stroke prevention

| Recommendations                                                                                                                                                                                                       | Class                | Level    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------|
| Anticoagulation with heparin or LMWH immediately after an ischaemic stroke is not recommended in AF patients.                                                                                                         | <b>III</b><br>(harm) | <b>A</b> |
| In patients who suffer a TIA or stroke while on anticoagulation, adherence to therapy should be assessed and optimized.                                                                                               | <b>IIa</b>           | <b>C</b> |
| In patients who suffer a moderate-to-severe ischaemic stroke while on anticoagulation, anticoagulation should be interrupted for 3-12 days based on a multidisciplinary assessment of acute stroke and bleeding risk. | <b>IIa</b>           | <b>C</b> |
| In AF patients who suffer a stroke, aspirin should be considered for prevention of secondary stroke until the initiation or resumption of oral anticoagulation.                                                       | <b>IIa</b>           | <b>B</b> |
| Systemic thrombolysis with rtPA is not recommended if the INR is above 1.7 (or, for patients on dabigatran, if aPTT is outside normal range).                                                                         | <b>III</b><br>(harm) | <b>C</b> |
| NOACs are recommended in preference to VKAs or aspirin in AF patients with a previous stroke.                                                                                                                         | <b>I</b>             | <b>B</b> |
| After TIA or stroke, combination therapy of OAC and an antiplatelet is not recommended.                                                                                                                               | <b>III</b><br>(harm) | <b>B</b> |
| After intracranial haemorrhage, oral anticoagulation in patients with AF may be reinitiated after 4–8 weeks provided the cause of bleeding or the relevant risk factor has been treated or controlled.                | <b>IIb</b>           | <b>B</b> |

# Conclusioni 1

## Warfarin-naive

- NAO preferibili a warfarin
  - Difficoltà di monitoraggio dell'INR
  - **Pregresso ictus ischemico**
  - **Pregressa emorragia intracranica**
  - In caso di giovane età
  - In caso candidato a cardioversione elettrica

# Conclusioni 2

## Warfarin-experienced

- Switch ai NAO
  - Difficoltà logistiche nel monitoraggio dell'INR
  - Labilità dell'INR
  - Impiego giornaliero di basse dosi di W (8-10mg/set.)
  - Pregressa emorragia maggiore (esclusa gastrointestinale)
  - Qualità subottimale TAO (TTR <60%)
  - Impiego a lungo termine di farmaci interferenti con W e non con NAO
  - **Pregressa emorragia cerebrale in terapia con W con INR in range terapeutico**
  - **Pregresso ictus/TIA in corso di terapia con W con INR in range terapeutico**

# Piano della presentazione

1. Dimensione e rilevanza del problema:  
lo stroke cardioembolico da FA
2. La farmacoprofilassi: NOAC vs VKA
3. La farmacoprofilassi secondaria: NOAC vs VKA
4. **Il problema dello stroke embolico criptogenetico**
5. Problemi pratici nell'uso dei NAO

## Classificazione su base fisiopatologica dei sottotipi dell'ictus ischemico

(criteri del TOAST, 1993)

Aterosclerosi dei vasi di grosso calibro

Cardioembolia (possibile/probabile)

Occlusione dei piccoli vasi

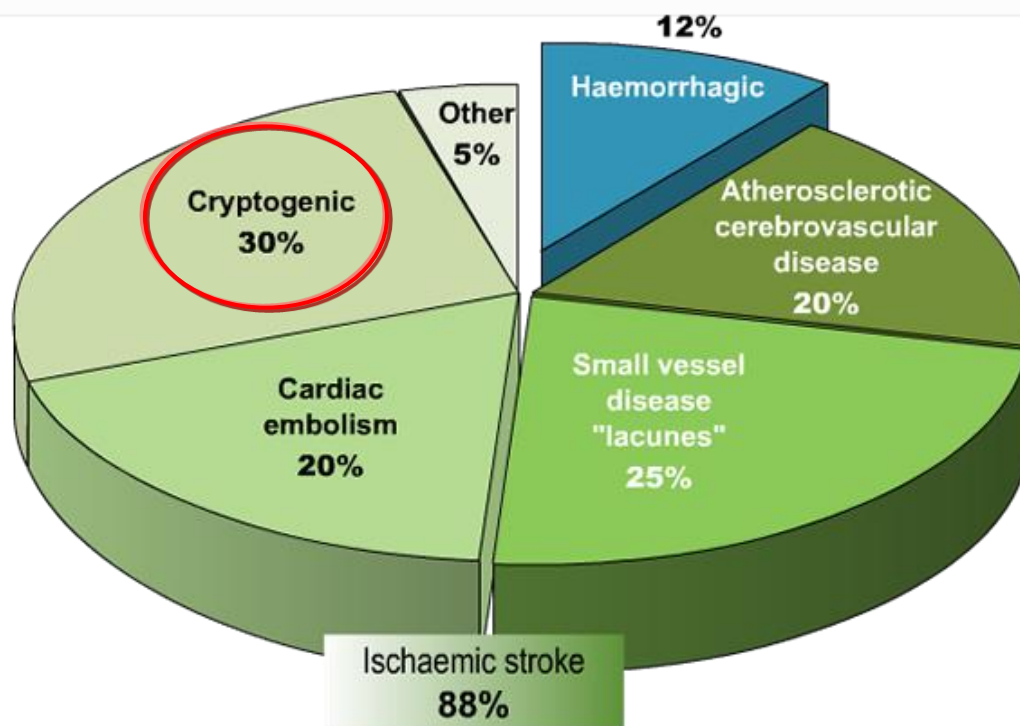
Ictus da cause diverse

Ictus da cause non determinate

a. identificazione di due o più cause

b. valutazione negativa

c. valutazione incompleta

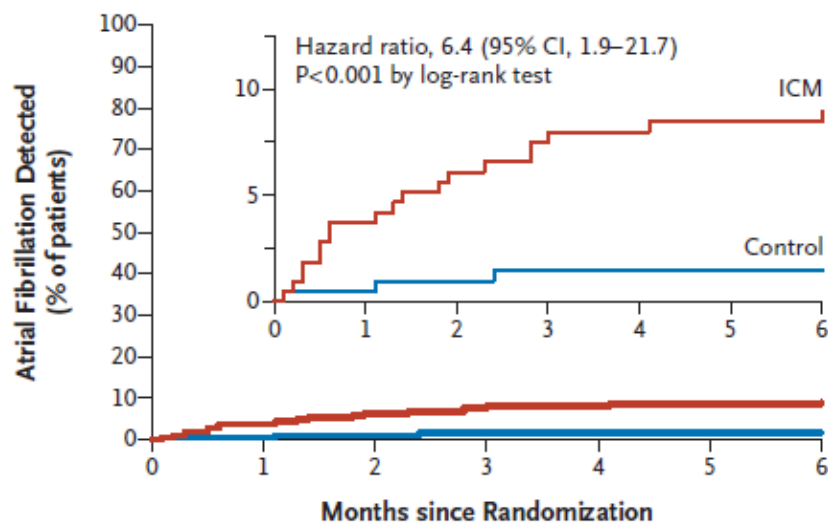


# Cryptogenic Stroke and Underlying Atrial Fibrillation

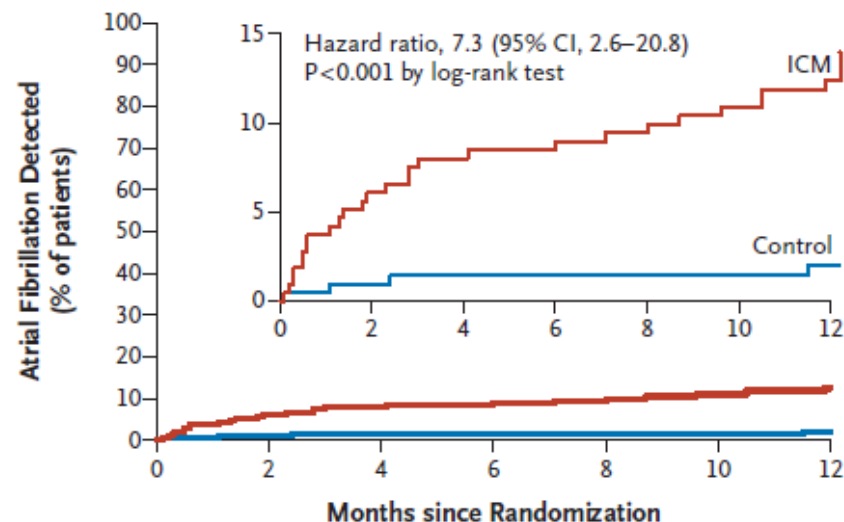
CRYSTAL AF Investigators

JUNE 26, 2014

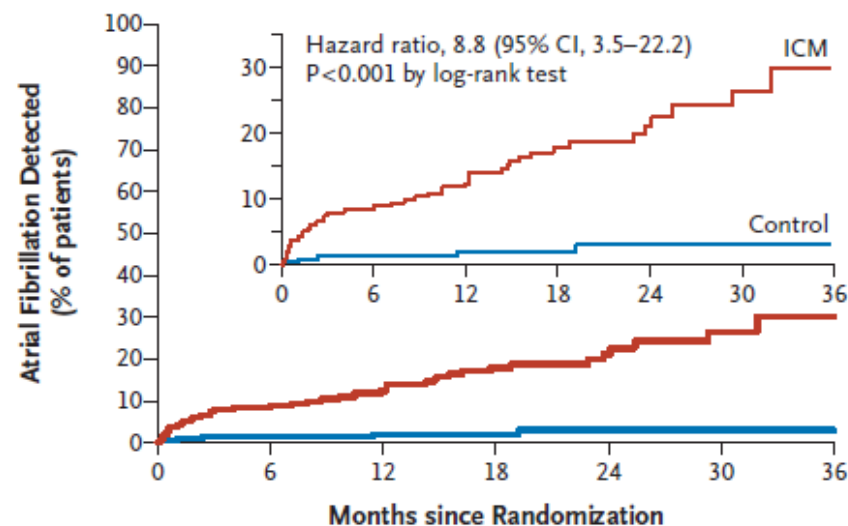
**A** Detection of Atrial Fibrillation by 6 Months



**B** Detection of Atrial Fibrillation by 12 Months



**C** Detection of Atrial Fibrillation by 36 Months



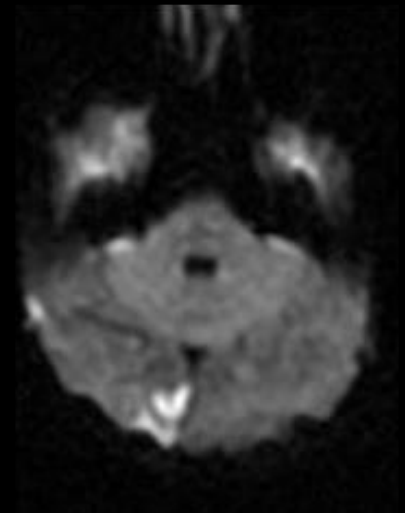
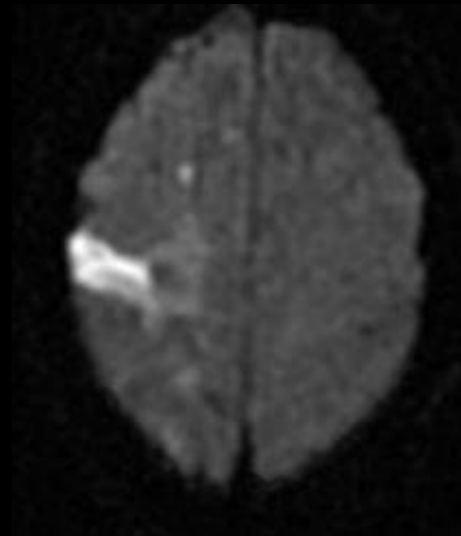
6 m → 1,4 vs 8,9%

12 m → 2 vs 12,4%

36 m → 3 vs 30%

## Stroke embolico criptogenetico:

E' proprio necessario e costo-efficace insistere con i monitoraggi ECG prolungati alla ricerca della FA ?



# Embolic strokes of undetermined source: the case for a new clinical construct

Robert G Hart, Hans-Christoph Diener, Shelagh B Coutts, J Donald Easton, Christopher B Granger, Martin J O'Donnell, Ralph L Sacco, Stuart J Connolly, for the Cryptogenic Stroke/ESUS International Working Group

Lancet Neurol 2014; 13: 429–38

## Panel 2: Criteria for diagnosis of embolic stroke of undetermined source\*

- Stroke detected by CT or MRI that is not lacunar†
- Absence of extracranial or intracranial atherosclerosis causing  $\geq 50\%$  luminal stenosis in arteries supplying the area of ischaemia
- No major-risk cardioembolic source of embolism‡
- No other specific cause of stroke identified (eg, arteritis, dissection, migraine/vasospasm, drug misuse)

## Panel 3: Proposed diagnostic assessment for embolic stroke of undetermined source\*

- Brain CT or MRI
- 12-lead ECG
- Precordial echocardiography
- Cardiac monitoring for  $\geq 24$  h with automated rhythm detection†
- Imaging of both the extracranial and intracranial arteries supplying the area of brain ischaemia (catheter, MR, or CT angiography, or cervical duplex plus transcranial doppler ultrasonography)

\*Imaging of the proximal aortic arch is not needed; special blood tests for prothrombotic states only if the patient has a personal or family history of unusual thrombosis or associated systematic signs or disorder. †Cardiac telemetry is not sufficient.

***Additional advanced diagnostic testing is unlikely to be a pragmatic solution for cryptogenic stroke because of the expense, additional diagnostic delays, and poor general availability...***

***...in terms of net clinical benefit that combines stroke and major haemorrhage (and particularly intracranial haemorrhage), NOACs seem likely to be of overall benefit in patients with ESUS.***

# Piano della presentazione

1. Dimensione e rilevanza del problema:  
lo stroke cardioembolico da FA
2. La farmacoprofilassi: NOAC vs VKA
3. La farmacoprofilassi secondaria: NOAC vs VKA
4. Il problema dello stroke embolico criptogenetico
5. **Problemi pratici nell'uso dei NAO**

# Comparative PK/PD of NOACs

|                           | Dabigatran <sup>a</sup> | Rivaroxaban <sup>a,b</sup> | Apixaban <sup>a,c</sup> | Edoxaban <sup>d-f</sup> |
|---------------------------|-------------------------|----------------------------|-------------------------|-------------------------|
| Target                    | Ila (thrombin)          | Xa                         | Xa                      | Xa                      |
| Hours to C <sub>max</sub> | 1.25-3                  | 2-4                        | 3-4                     | 1-2                     |
| CYP metabolism, %         | None                    | 66                         | 15                      | < 4                     |
| Bioavailability, %        | 6.5                     | 80                         | 50                      | 62                      |
| Transporters              | P-gp                    | P-gp                       | P-gp                    | P-gp                    |
| Protein binding, %        | 35                      | 93                         | 87                      | 55                      |
| Half-life, hours          | 12-14                   | 5-9                        | 8-15                    | 8-10                    |
| Renal clearance, %        | 80                      | 35*                        | 25                      | 35                      |

\*An additional 33% is excreted unchanged in urine

a. Eriksson BI, et al. *Clin Pharmacokinet*. 2009;48:1-22<sup>[24]</sup>; b. Xarelto<sup>®</sup> PI 2011<sup>[25]</sup>; c. Eliquis<sup>®</sup> Summary of Product Characteristics. Bristol Myers Squibb/Pfizer EEIG, UK. 2012<sup>[26]</sup>; d. Ruff CT, et al. *Hot Topics Cardiol*. 2009;18:7-14<sup>[27]</sup>; e. Matsushima N, et al. AAPS 2011. Poster T2632<sup>[28]</sup>; f. Ogata K, et al. *J Clin Pharmacol*. 2010;50:743-753.<sup>[29]</sup>

**Table 5** Effect on NOAC plasma levels ('area under the curve, AUC') from drug–drug interactions and clinical factors and recommendations towards NOAC dosing

|                                                                     | Via                                                     | Dabigatran                                                   | Apixaban                        | Edoxaban <sup>a</sup>                                     | Rivaroxaban                                          |
|---------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------|---------------------------------|-----------------------------------------------------------|------------------------------------------------------|
| Atorvastatin                                                        | P-gp competition and CYP3A4 inhibition                  | +18% <sup>29</sup>                                           | No data yet                     | No effect <sup>30</sup>                                   | No effect <sup>27,31</sup>                           |
| Digoxin                                                             | P-gp competition                                        | No effect <sup>32</sup>                                      | No data yet                     | No effect <sup>30</sup>                                   | No effect <sup>27,33</sup>                           |
| Verapamil                                                           | P-gp competition (and weak CYP3A4 inhibition)           | +12–180% <sup>24</sup> (reduce dose and take simultaneously) | No data yet                     | +53% (SR) <sup>30</sup> (reduce dose by 50%) <sup>a</sup> | Minor effect (use with caution if CrCl 15–50 ml/min) |
| Diltiazem                                                           | P-gp competition and weak CYP3A4 inhibition             | No effect <sup>24</sup>                                      | +40% <sup>SmPC</sup>            | No data yet                                               | Minor effect (use with caution if CrCl 15–50 ml/min) |
| Quinidine                                                           | P-gp competition                                        | +50%                                                         | No data yet                     | +80% <sup>30</sup> (reduce dose by 50%) <sup>b</sup>      | +50%                                                 |
| Amiodarone                                                          | P-gp competition                                        | +12–60% <sup>24</sup>                                        | No data yet                     | No effect <sup>30</sup>                                   | Minor effect (use with caution if CrCl 15–50 ml/min) |
| Dronedarone                                                         | P-gp and CYP3A4 inhibitor                               | +70–100% (US: 2 × 75 mg)                                     | No data yet                     | +85% (reduce dose by 50%) <sup>a</sup>                    | No data yet                                          |
| Ketoconazole; itraconazole; voriconazole; posaconazole              | P-gp and BCRP competition; CYP3A4 inhibition            | +140–150% (US: 2 × 75 mg)                                    | +100% <sup>SmPC</sup>           | No data yet                                               | Up to +160% <sup>27</sup>                            |
| Fluconazole                                                         | Moderate CYP3A4 inhibition                              | No data yet                                                  | No data yet                     | No data yet                                               | +42% (if systemically administered) <sup>27</sup>    |
| Cyclosporin; tacrolimus                                             | P-gp competition                                        | No data yet                                                  | No data yet                     | No data yet                                               | +50%                                                 |
| Clarithromycin; erythromycin                                        | P-gp competition and CYP3A4 inhibition                  | +15–20%                                                      | No data yet                     | No data yet                                               | +30–54% <sup>26,27</sup>                             |
| HIV protease inhibitors (e.g. ritonavir)                            | P-gp and BCRP competition or inducer; CYP3A4 inhibition | No data yet                                                  | Strong increase <sup>SmPC</sup> | No data yet                                               | Up to +153% <sup>27</sup>                            |
| Rifampicin; St John's wort; carbamazepine; phenytoin; phenobarbital | P-gp/ BCRP and CYP3A4/CYP2J2 inducers                   | –66% <sup>34</sup>                                           | –54% <sup>SmPC</sup>            | –35%                                                      | Up to –50%                                           |
| Antacids (H2B; PPI; Al-Mg-hydroxide)                                | GI absorption                                           | –12–30% <sup>22–24</sup>                                     | No data yet                     | No effect                                                 | No effect <sup>21,25</sup>                           |

# NOAC Dose Reduction

## RE-LY<sup>a</sup> Dabigatran

- None
  - US Regulators
    - CrCl 15-30 mL/min: 75 mg BID
    - Age >80 years
    - CrCl 30-50 mL/min + P-gp inhibitor, dronedarone, or ketoconazole

## ROCKET AF<sup>b</sup> Rivaroxaban

- 20 → 15 mg QD for
  - CrCl <30-49 mL/min

## ARISTOTLE<sup>c</sup> Apixaban

- 5 → 2.5 mg BID for ANY TWO of
  - Age ≥80 years
  - Body weight ≤60 kg
  - Serum creatinine ≥1.5 mg/dL
- US Regulators
  - Strong dual inhibitors of CYP3A4 and P-gp

## ENGAGE-AF<sup>d</sup> Edoxaban

- 60 → 30 mg QD or 30 → 15 mg QD for
  - CrCl 30-50 mL/min
  - Body weight ≤60 kg
  - Use of quinidine, verapamil, or dronedarone

BID = twice daily; QD = once daily; CrCl = creatinine clearance; P-gp = P-glycoprotein

a. Connolly SJ, et al. *N Engl J Med*. 2009;361:1139-1151<sup>[15]</sup>; b. Patel MR, et al. *N Engl J Med*. 2011;365:883-891<sup>[16]</sup>; c. Granger CB, et al. *N Engl J Med*. 2011;365:981-992<sup>[17]</sup>; d. Giuliano RP, et al. *N Engl J Med*. 2013;369:2093-2104.<sup>[18]</sup>

## EHRA Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation: executive summary<sup>†</sup>

Hein Heidbuchel<sup>1\*</sup>, Peter Verhamme<sup>1</sup>, Marco Alings<sup>2</sup>, Matthias Antz<sup>3</sup>, Werner Hacke<sup>4</sup>, Jonas Oldgren<sup>5</sup>, Peter Sinnaeve<sup>1</sup>, A. John Camm<sup>6</sup>, and Paulus Kirchhof<sup>7,8</sup>

# Sospensione NAO in caso di interventi chirurgici programmati

**Table 10** Classification of elective surgical interventions according to bleeding risk

### Interventions not necessarily requiring discontinuation of anticoagulation

#### Dental interventions

Extraction of 1 to 3 teeth

Parodontal surgery

Incision of abscess

Implant positioning

#### Ophthalmology

Cataract or glaucoma intervention

#### Endoscopy without surgery

Superficial surgery (e.g. abscess incision; small dermatologic excisions; . . .)

### Interventions with low bleeding risk

Endoscopy with biopsy

Prostate or bladder biopsy

Electrophysiological study or radiofrequency catheter ablation for supraventricular tachycardia (including left-sided ablation via single transseptal puncture)

Angiography

Pacemaker or ICD implantation (unless complex anatomical setting, e.g. congenital heart disease)

### Interventions with high bleeding risk

Complex left-sided ablation (pulmonary vein isolation; VT ablation)

Spinal or epidural anaesthesia; lumbar diagnostic puncture

Thoracic surgery

Abdominal surgery

Major orthopedic surgery

Liver biopsy

Transurethral prostate resection

Kidney biopsy

# EHRA Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation: executive summary<sup>†</sup>

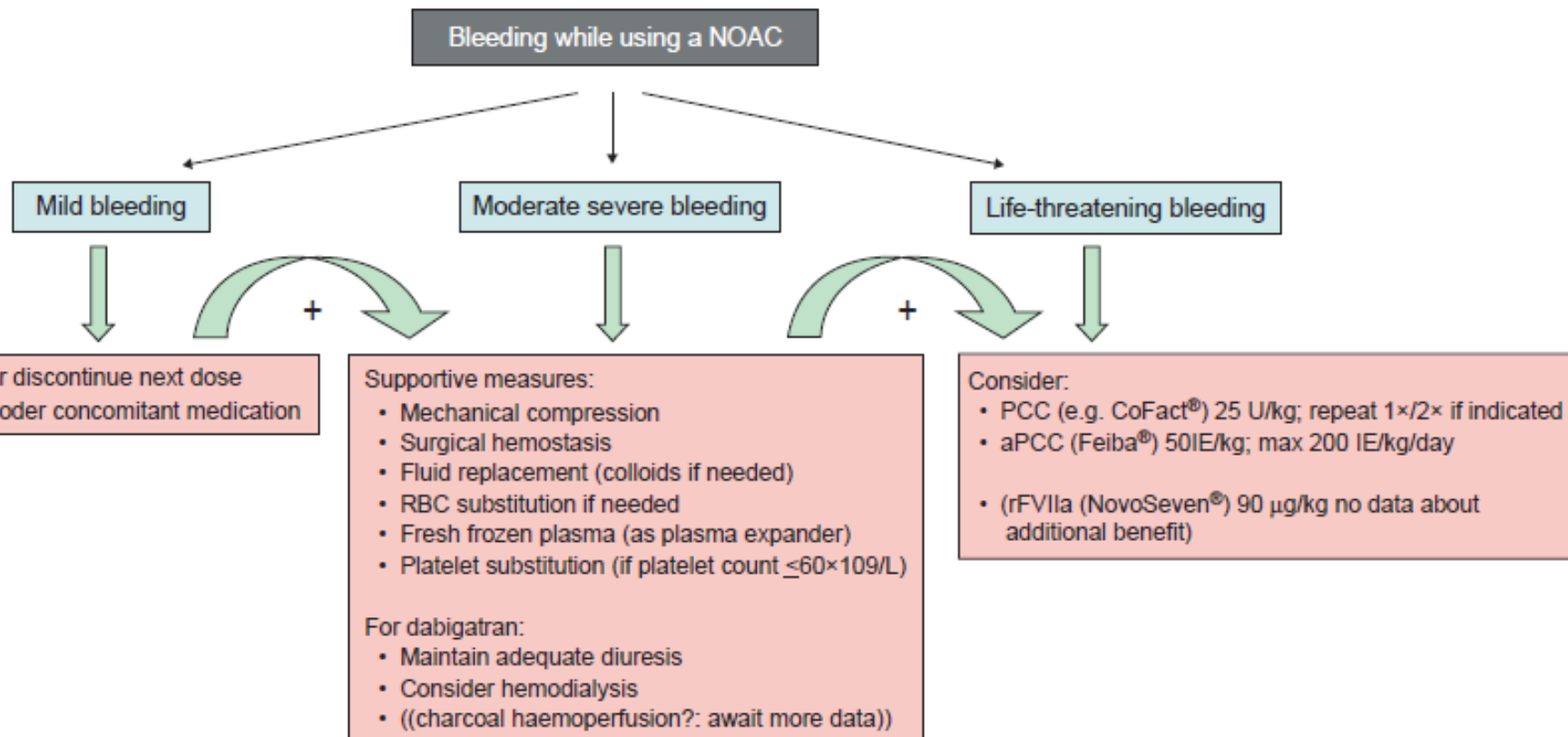
Hein Heidbuchel<sup>1\*</sup>, Peter Verhamme<sup>1</sup>, Marco Alings<sup>2</sup>, Matthias Antz<sup>3</sup>, Werner Hacke<sup>4</sup>,  
Jonas Oldgren<sup>5</sup>, Peter Sinnaeve<sup>1</sup>, A. John Camm<sup>6</sup>, and Paulus Kirchhof<sup>7,8</sup>

# Sospensione NAO in caso di interventi chirurgici programmati

**Table 9** Last intake of drug before elective surgical intervention

|                                | Dabigatran                                                                                                                                     |               | Apixaban    |             | Edoxaban <sup>a</sup> |           | Rivaroxaban |             |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|-------------|-----------------------|-----------|-------------|-------------|
|                                | No important bleeding risk and/or adequate local haemostasis possible:<br>perform at trough level (i.e. $\geq 12$ h or 24 h after last intake) |               |             |             |                       |           |             |             |
|                                | Low risk                                                                                                                                       | High risk     | Low risk    | High risk   | Low risk              | High risk | Low risk    | High risk   |
| CrCl $\geq 80$ ml/min          | $\geq 24$ h                                                                                                                                    | $\geq 48$ h   | $\geq 24$ h | $\geq 48$ h | No data               | No data   | $\geq 24$ h | $\geq 48$ h |
| CrCl 50–80 ml/min              | $\geq 36$ h                                                                                                                                    | $\geq 72$ h   | $\geq 24$ h | $\geq 48$ h | No data               | No data   | $\geq 24$ h | $\geq 48$ h |
| CrCl 30–50 ml/min <sup>b</sup> | $\geq 48$ h                                                                                                                                    | $\geq 96$ h   | $\geq 24$ h | $\geq 48$ h | No data               | No data   | $\geq 24$ h | $\geq 48$ h |
| CrCl 15–30 ml/min <sup>b</sup> | Not indicated                                                                                                                                  | Not indicated | $\geq 36$ h | $\geq 48$ h | No data               | No data   | $\geq 36$ h | $\geq 48$ h |
| CrCl $< 15$ ml/min             | No official indication for use                                                                                                                 |               |             |             |                       |           |             |             |

# COMPLICANZE EMORRAGICHE



## **Pro: “Antidote for new anticoagulants” – Specific target of inhibition requires a specific target for neutralisation**

**Vanessa Roldán<sup>1</sup>, Francisco Marín<sup>2</sup>**

<sup>1</sup>Hematology and Medical Oncology Unit, Hospital Universitario Morales Meseguer, University of Murcia, Murcia, Spain; <sup>2</sup>Cardiology Unit, Hospital Universitario Virgen de la Arrixaca, University of Murcia, Murcia, Spain

[Thromb Haemost 2012; doi:10.1160/TH12-06-0440](#)

## **Contra: “Antidotes for novel anticoagulants?” – Do we really need them**

**Elise S. Eerenberg; Marcel Levi; Harry R. Buller**

Department of Vascular Medicine, Academic Medical Center, Amsterdam, The Netherlands

[Thromb Haemost 2012; doi:10.1160/TH12-05-0298](#)

# Antidoto

Contro

- Emivita Breve
- Minor numero di complicanze emorragiche (Intracraniche!!!)
- Simile a EBPM/Fonda (antidoto?)

# NOAC Antidotes in Clinical Trials

Andexanet<sup>a</sup>  
(PRT064445)

- Antidote for factor Xa inhibitors
- Recombinant protein, targets and sequesters both direct and indirect Factor Xa inhibitors with high specificity

Aripazine<sup>b</sup>  
(PER977)

- Antidote for factor Xa inhibitors, DTIs, LMW heparins, and fondaparinux
- Synthetic small molecule; reversal effect through direct binding to anticoagulant

Idarucizumab<sup>c</sup>  
(BI 655075)

- Antidote for DTIs
- Fully humanized antibody fragment

DTI = direct thrombin inhibitor; LMW = low-molecular-weight

## NAO e ICH

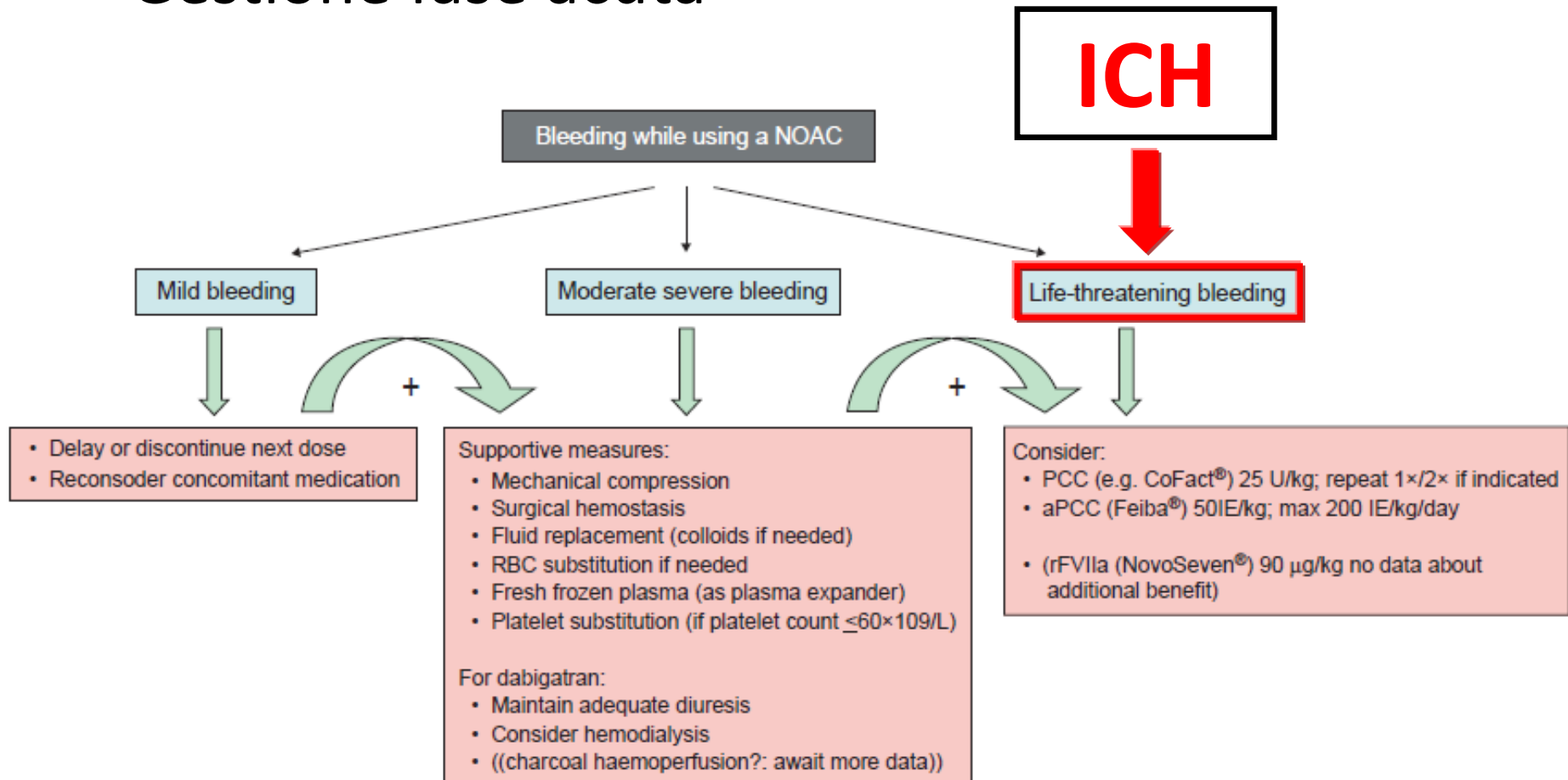
- Gestione fase acuta
- Gestione fase post acuta

## NAO e AIS

- Gestione fase acuta
- Gestione fase post acuta

# COMPLICANZE EMORRAGICHE

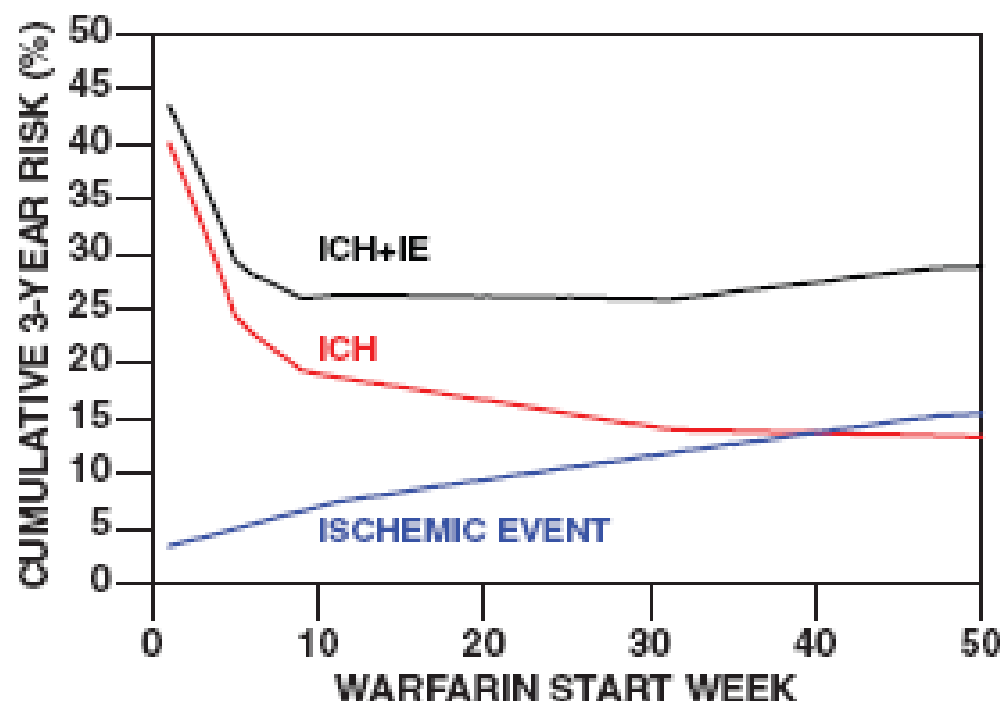
- Gestione fase acuta



# Optimal Timing of Resumption of Warfarin After Intracranial Hemorrhage

Ammar Majeed, MD; Yang-Ki Kim, MD; Robin S. Roberts, PhD;  
Margareta Holmström, MD, PhD; Sam Schulman, MD, PhD

**Conclusion**—The optimal timing for resumption of warfarin therapy appears to be between 10 and 30 weeks after warfarin-related intracranial hemorrhage. (*Stroke*. 2010;41:2860-2866.)



# Raccomandazioni ripresa TAO dopo ICH



## Sintesi 12-14

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Per la ripresa del trattamento anticoagulante in pazienti con pregressa emorragia cerebrale va tenuto conto che: A) il rischio emorragico è del 2,1%-3,7% annuo. B) la ripresa della terapia anticoagulante aumenta il rischio di sanguinamento cerebrale di cinque volte ma riduce il rischio di eventi ischemici del 90%.

### ➡ Controindicazioni assolute alla ripresa della TAO

Emorragia lobare correlabile ad angiopatia amiloidea

### ➡ Ripresa della terapia TAO dopo tre settimane

Nel paziente a rischio trombo embolico elevato per:  $CHA_2DS_2-VASc > 2$  o  $CHADS_2 > 3$ , protesi valvolare meccanica mitralica, trombosi delle camere cardiache, tromboembolismo venoso e arterioso <30 giorni.

### ➡ Ripresa della terapia TAO dopo la trentesima settimana

Pazienti ad alto rischio emorragico per: microbleeds multiple alla RIM-gradient ECHO, leucoaraiosi, emorragie lobari non correlabili ad angiopatia amiloidea

### ➡ In tutti gli altri casi ripresa della terapia TAO tra la decima e la trentesima settimana

**\* GPP**

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*Il gruppo Spread ritiene che in casi particolari sia possibile riprendere la terapia con anticoagulanti orali prima della terza settimana.*

# Raccomandazioni ripresa TAO dopo ICH



European Heart Journal  
doi:10.1093/eurheartj/eh1134

60

## EHRA Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation: executive summary<sup>†</sup>

Hein Heidbuchel<sup>1\*</sup>, Peter Verhamme<sup>1</sup>, Marco Alings<sup>2</sup>, Matthias Antz<sup>3</sup>, Werner Hacke<sup>4</sup>,  
Jonas Oldgren<sup>5</sup>, Peter Sinnaeve<sup>1</sup>, A. John Camm<sup>6</sup>, and Paulus Kirchhof<sup>7,8</sup>

- precedente emorragia intracranica → controindicazione all'uso di Warfarin e NAO secondo RCP
- è possibile riprendere **NAO dopo 10-14 gg** dall'ICH se alto rischio tromboembolico e basso rischio emorragico
- considerare la significativa RR ICH con NAO rispetto a Warfarin
- considerare prevenzione non farmacologica (ablazione o chiusura auricola).

# II PT RER

## CARATTERISTICHE DEI PAZIENTI (Criteri di Elezione : almeno 1)

- ☐ **paziente già in trattamento con AVK** ☐ Time in Therapeutic Range (TTR\*): \_\_\_\_ % o ☐ controlli in range\*\* \_\_\_\_ %
  - ☐ difficoltà logistico organizzative
  - ☐ necessità di dosi di AVK < 8,25 mg/sett. per warfarin e di 6 mg/sett. per acenocumarolo
  - ☐ pregressa emorragia maggiore in corso di INR sovratrapeutico
  - ☒ pregressa emorragia intracranica
- ☐ **nuovo trattamento con anticoagulanti orali**
  - ☐ paz. in FA trattati solo con ASA
  - ☐ difficoltà logistico organizzative
  - ☐ condizioni cliniche che rendono gravosa o non accettabile la terapia con AVK
  - ☐ paz. ad alto rischio di interazioni farmacologiche con gli AVK
  - ☒ pregressa emorragia intracranica
  - ☐ FA di nuova diagnosi da sottoporre a cardioversione elettrica

# Ripresa TAO dopo ICH

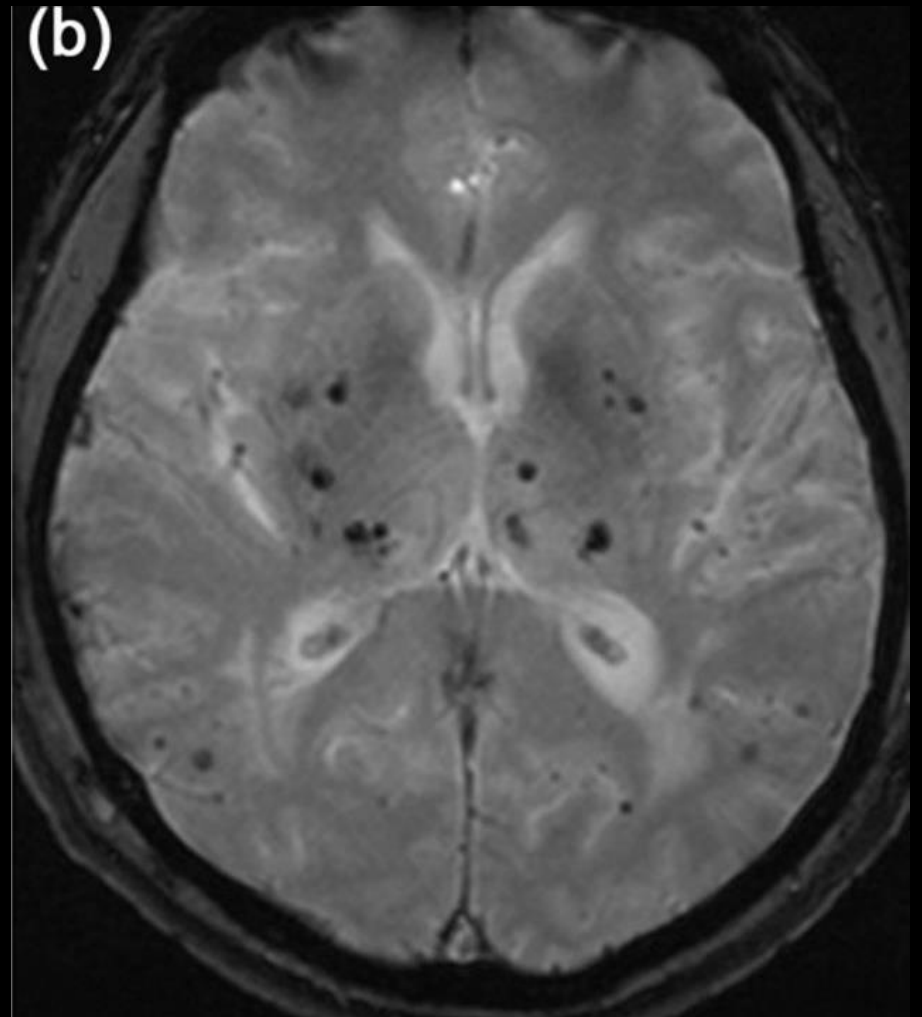
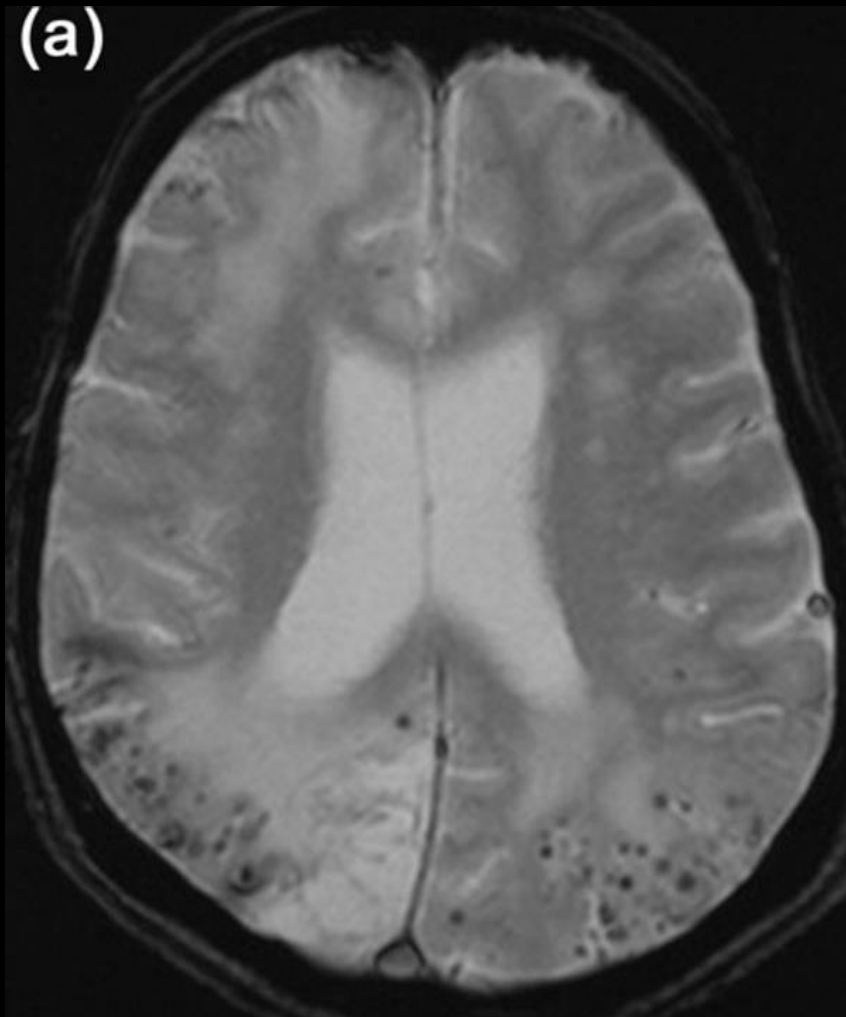
**Anticipare** (1-3 sett) se:

- $\text{CHA}_2\text{DS}_2\text{-VASc} \geq 2$
- Protesi meccaniche
- Disfunzione Vsx
- Trombosi in Asx/Vsx
- Asx dilatato
- PA ben controllata
- PLTs nella norma

**Ritardare** (>30 sett) o cambiare strategia se:

- Emorragia lobare
- Diabete
- Microbleeds (GE-MRI)
- Leucoaraiosi
- PA di difficile controllo
- Piastrinopenia
- Abuso alcol

# Lobar (a) and deep (b) microbleeds



# NOAC e AIS

- Gestione **fase acuta**

**Trombolisi ev** possibile se:

- ultima assunzione nota e **> 24/48 h**  
**e**
- **dTT** (Dabigatran) o **anti-Xa** (Rivaroxaban, Apixaban) normali  
**o, se non disponibili**
- **aPTT** (Dabigatran) e **PT** (Rivaroxaban, Apixaban) normali

Se possibile, in presenza di occlusione di grossi vasi, preferire **rivascolarizzazione meccanica endovascolare**

**Recanalization Therapies in Acute Ischemic Stroke Patients: Impact of Prior Treatment with Novel Oral Anticoagulants on Bleeding Complications and Outcome - A Pilot Study**  
David J. Seiffge, Robbert-Jan Van Hooff, Christian H. Nolte, Yannick Béjot, Guillaume Turc, Benno Ikenberg, Eivind Berge, Malte Persike, Nelly Dequatre-Ponchelle, Daniel Strbian, Waltraud Pfeilschifter, Andrea Zini, Arnstein Tveiten, Halvor Næss, Patrik Michel, Roman Sztajzel, Andreas Luft, Henrik Gensicke, Christopher Traenka, Lisa Hert, Jan F. Scheitz, GianMarco De Marchis, Leo H. Bonati, Nils Peters, Andreas Charidimou, David J. Werring, Frederick Palm, Matthias Reinhard, Wolf-Dirk Niesen, Takehiko Nagao, Alessandro Pezzini, Valeria Caso, Paul Nederkoorn, Georg Kaegi, Alexander von Hessling, Visnja Padjen, Charlotte Cordonnier, Hebum Erdur, Philippe A. Lyrer, Raf Brouns, Thorsten Steiner, Turgut Tatlisumak and Stefan T. Engelter

*Circulation.* published online July 31, 2015:

# NOAC e AIS



European Heart Journal  
doi:10.1093/eurheartj/ehz134

## EHRA Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation: executive summary<sup>†</sup>

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- Gestione **fase post-acuta**  
Ripresa/avvio TAO dopo AIS

Considerare le dimensioni dell' area ischemica (regola 1-3-6-12)

Inclusione nei trials sui NAO dopo 7-14 giorni da AIS

Non necessario bridging EBPM – NAO

ASA non è un alternativa: se Warfarin controindicato, considerare Apixaban in quanto superiore ad ASA

# Ripresa-avvio TAO dopo TIA/AIS

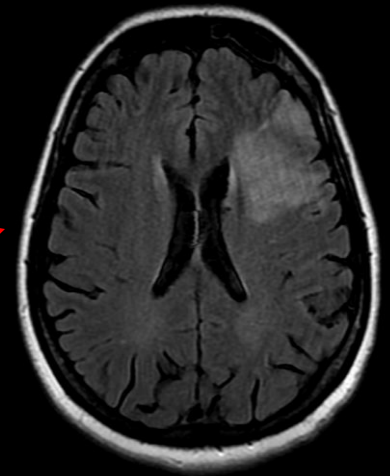
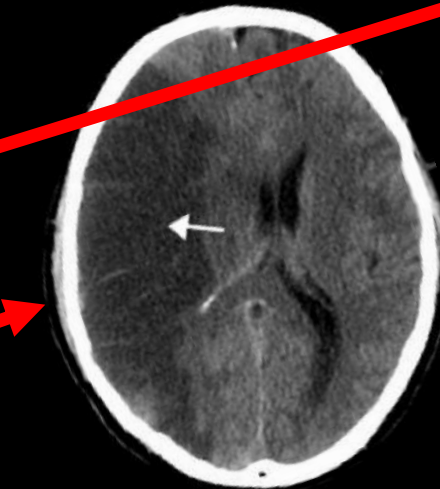
After days

**1** → TIA

**3** → Mild stroke

**6** → Moderate stroke

**12** → Severe stroke



## Management of acute stroke in patients taking novel oral anticoagulants

Graeme J. Hankey<sup>1\*</sup>, Bo Norrving<sup>2</sup>, Werner Hacke<sup>3</sup>, and Thorsten Steiner<sup>3,4</sup>

International Journal of Stroke

Vol 9, July 2014, 627–632

# Ripresa-avvio TAO dopo AIS

### Anticipare (1-3 gg) se:

- TIA o minor stroke
- CHA<sub>2</sub>DS<sub>2</sub>-VASc  $\geq 2$
- Alto rischio embolico (protesi meccaniche, disfunzione Vsx, trombosi Asx/Vsx, Asx dilatato)
- PA ben controllata
- PLTs nella norma
- Glicemia nella norma

### Ritardare (2-3 sett) se:

- Major stroke
- Basso rischio embolico (lone AF)
- Microbleeds (GE-MRI)
- Leucoaraiosi
- PA di difficile controllo
- Diabete

# Piano Terapeutico

## CARATTERISTICHE DEI PAZIENTI (Criteri di Elezione : almeno 1)

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  - ☐ FA di nuova diagnosi da sottoporre a cardioversione elettrica

# Piano Terapeutico

Età < 65 ☐ (Dabigatran, Rivaroxaban) ≥ 65 ☐ (Dabigatran, Rivaroxaban, Apixaban)

F.A. non valvolare ☐

F.A. permanente ☐ (Dabigatran, Rivaroxaban, Apixaban)

F.A. parossistica ☐ (Dabigatran, Apixaban)

Clearance Creatinina ..... (uso NAO non raccomandato se VFG < 30 ml/min)

**Farmaco proposto:**

**PRADAXA 110 mg ☐ PRADAXA 150 mg ☐**

**ELIQUIS 2,5 mg ☐ ELIQUIS 5 mg ☐**

**XARELTO 15 mg ☐ XARELTO 20 mg ☐**

**Medico Proponente: Dr. Alessandro De Vito ☐**

**Dr. Cristiano Azzini ☐**

**Telefono : 0532 239189 e-mail: [aledevito@hotmail.com](mailto:aledevito@hotmail.com) – [cristianoazzini@hotmail.com](mailto:cristianoazzini@hotmail.com)**

**U.O. Neurologia – Stroke Unit – Dipartimento Neuroscienze – Riabilitazione – AOU Ferrara**

**Data e**

**firma.....**

# MODALITA' PRESCRITTIVE AZOU FE

UUOO autorizzate secondo linee indirizzo RER



medici proponenti segnalati da direttore UO a  
direzione sanitaria



Centro TAO



PT e follow up pazienti

## LO STROKE: TERAPIA INTERVENTISTICA E MODELLI ORGANIZZATIVI

Ferrara  
**16 Dicembre  
2016**  
Aula Magna - Arcispedale  
S. Anna

CON IL PATROCINIO



# Neurosonologia e Gestione dello Stroke Ischemico



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# Grazie